

| ST. THOMAS AQUINAS   |  | APRIL 2010   |   |   | BK PORTIONS |
|--|--|--|---|---|-------------|
| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |             |
|  |  |  | <b>APRIL 1</b><br><br><b>SPRING BREAK !!</b>  | <b>APRIL 2</b><br><br><b>SPRING BREAK !!</b>  |             |
| <b>APRIL 5</b><br><br><b>SPRING BREAK !!</b>   | <b>APRIL 6</b><br><br><b>SPRING BREAK !!</b>   | <b>APRIL 7</b><br><br><b>SPRING BREAK !!</b>   | <b>APRIL 8</b><br><br><b>SPRING BREAK !!</b>  | <b>APRIL 9</b><br><br><b>SPRING BREAK !!</b>  |             |
| <b>APRIL 12</b><br>BREAKFAST FOR LUNCH !!<br>FRENCH TOAST STICKS W/ SYRUP, 4EA<br>TURKEY SAUSAGE LINKS, 3EA<br>HASH BROWNS, 1/2C<br>FRESH APPLE, 1EA<br>CHILLED DICED PEARS, 1/2C        | <b>APRIL 13</b><br>SHORT SPAGHETTI PASTA W/MEAT MARINARA<br>W/ MARINARA MEAT SAUCE, 3/4 C<br>TOSSED SALAD W/ RANCH, 1/2 C<br>FRESH BANANA, 1 EA<br>FRESH SLICED CUCUMBERS W/ RANCH, 1/2C<br>FRESH ORANGE WEDGES, 2 PCS | <b>APRIL 14</b><br>SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA<br>SAVORY MASHED POTATOES, 1/2 C<br>DINNER ROLL, 1 EA<br>PINEAPPLE TIDBITS, 3/8 C<br>TOSSED SALAD, 1/2 C<br>CHILLED DICED PEARS, 3/8 C            | <b>APRIL 15</b><br>OVEN FRIED DRUMSTICKS BONE IN, 2 EA<br>WHOLE WHEAT BREAD, 1 SL<br>SWEET YELLOW CORN, 1/2 C<br>FRESH APPLE, 1 EA<br>TOSSED SALAD, 1/2 C<br>CHILLED APPLESAUCE, 3/8 C                                    | <b>APRIL 16</b><br>PIZZA DAY<br>TOSSED SALAD<br>HOME BAKED SUGAR COOKIE, 2 EA                 |             |
| <b>APRIL 19</b><br>BAKED CHICKEN PATTY SANDWICH, 1 EA<br>ON A ROLL W/ CATSUP, 1 EA<br>SWEET TENDER PEAS, 1/2 C<br>CHILLED APPLESAUCE, 3/8 C<br>TOSSED SALAD, 1/2 C<br>FRESH APPLE, 1 EA  | <b>APRIL 20</b><br>MACARONI & CHEESE, 3/4 C<br>DINNER ROLL, 1 EA<br>MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C<br>FRESH BANANA, 1 EA<br>TOSSED SALAD, 1/2 C<br>CHILLED MIXED FRUIT, 3/8 C                          | <b>APRIL 21</b><br>LEAN BEEF CHEESEBURGER , 1 EA<br>W/ CATSUP<br>SWEET YELLOW CORN, 1/2 C<br>FRESH ORANGE WEDGES, 2 PCS<br>TOSSED SALAD<br>PINEAPPLE TIDBITS, 3/8 C<br>PICKLE COINS, 2 EA                      | <b>APRIL 22</b><br>NACHO MEAT, 2 OZ<br>( BEEF CRUMBLES)<br>LO-FAT SHREDDED CHEDDAR , 1 OZ<br>TORTILLA CHIPS, 1/2 C<br>BABY CARROTS W/DIP, 1/2 C<br>FRESH APPLE, 1 EA<br>TOSSED SALAD, 1/2 C<br>CHILLED DICED PEARS, 3/8 C | <b>APRIL 23</b><br>PIZZA DAY<br>TOSSED SALAD, 1/2 C<br>HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA |             |
| <b>APRIL 26</b><br>TERIYAKI CHICKEN STRIPS, 5 EA<br>BRN WHL GRAIN RICE, 1/2 C<br>BABY CARROTS W/DIP, 1/2 C<br>CHILLED DICED PEARS, 3/8 C<br>TOSSED SALAD<br>CHILLED DICED PEACHES, 3/8 C | <b>APRIL 27</b><br>ITALIAN TURKEY MEATBALL SUB, 5 EA<br>SUB ROLL, 1 EA<br>SHREDDED MOZZARELLA CHEESE, 1 OZ<br>GREEN BEANS, 1/2 C<br>FRESH APPLE, 1 EA<br>TOSSED SALAD, 1/2 EA<br>CHILLED APPLESAUCE, 1/4 C             | <b>APRIL 28</b><br>HALL BEEF HOT DOG ON ROLL, 2 EA<br>CHILI & CHEESE & CATSUP CHIPS, 1/2 C<br>SWEET YELLOW CORN, 1/2 C<br>CANTALOUPE, 1 SL<br>TOSSED SALAD<br>FRESH ORANGE WEDGES, 2 PCS<br>PICKLE COINS, 2 EA | <b>APRIL 29</b><br>TURKEY CORN DOG NUGGETS, 6 EA<br>W/ CATSUP<br>SWEET TENDER PEAS, 1/2 C<br>FRESH ORANGE WEDGES, 2 EA<br>TOSSED SALAD, 1/2 C<br>FRESH BANANA, 1 EA   | <b>APRIL 30</b><br>PIZZA DAY<br>TOSSED SALAD<br>HOME BAKED SUGAR COOKIE, 2 EA                 |             |

All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
8 oz milk required with each meal