

ST. THOMAS AQUINAS		APRIL 2012			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
APRIL 2 CREAMY MACARONI & CHEESE, 3/4C WHEAT DINNER ROLL, 1EA SWEET TENDER PEAS, 1/2C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C MIXED FRUIT, 3/8C	APRIL 3 **NITRITE FREE** ALL BEEF HOT DOG ON ROLL, 2 EA CHILI & CHEESE & KETCHUP CHIPS, 1/2 C SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD PINEAPPLE TIDBITS, 3/8C	APRIL 4 CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C APPLE, 1 EA	APRIL 5 NOON DISMISSAL	APRIL 6 SPRING BREAK !!!	
APRIL 9 SPRING BREAK !!!	APRIL 10 SPRING BREAK !!!	APRIL 11 SPRING BREAK !!!	APRIL 12 SPRING BREAK !!!	APRIL 13 SPRING BREAK !!!	
APRIL 16 BAKED CHICKEN PATTY SANDWICH, 1 EA ON A ROLL W/ CATSUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	APRIL 17 BRKF FOR LUNCH!! TURKEY SAUSAGE LINKS, 2EA SOUTHERN FRIED POTATOES W/ ONIONS, 1/2C SCRAMBLED EGGS, 1/2C FR TOAST STICKS, 3EA FRESH BANANA, 1 EA	APRIL 18 ITALIAN BEEF & TURKEY MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2 EA CHILLED DICED PEACHES, 3/8C	APRIL 19 NACHO MEAT, 2 OZ (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH ORANGE WEDGES, 2EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	APRIL 20 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
APRIL 23 TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD CHILLED DICED PEACHES, 3/8 C	APRIL 24 LEAN BEEF CHEESEBURGER , 1 EA W/ KETCHUP, PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD PINEAPPLE TIDBITS, 3/8 C	APRIL 25 **CHICKEN FAJITAS** , 2OZ WARM SOFT TORTILLAS, 2EA SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA, SHRED LETTUCE GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD CHILLED APPLESAUCE, 3/8C	APRIL 26 TURKEY CORN DOG NUGGETS, 6 EA W/ KETCHUP BAKED BEANS, 1/4C FRESH VEGGIE TRIO W/ RANCH, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	APRIL 27 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
APRIL 30 *BAKED ZITI* NO MEAT HAS SOY, IN ITALIAN RED SAUCE, SMOTHERED IN THREE CHEESES, 3/4C WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA					

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal