

ST. THOMAS AQUINAS		APRIL 2014			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	APRIL 1 **NITRITE FREE** BEEF HOT DOG ON ROLL , 2EA CHILI, SHRED CHEDDAR, KETCHUP BAKED HARVEST SUN CHIPS, 1 EA SWEET YELLOW CORN, 1/2 C FRESH BANANA, 1 SL TOSSED SALAD, 1/2 C PEACHES IN JUICE, 3/8C	APRIL 2 WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE , 3/4 C STEWED TOMATOES PARMESAN CHEESE, 2 OZ WARM GARLIC BREAD, 1 EA STEAMED GREEN BEANS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	APRIL 3 WHOLE GRAIN BREADED CHICKEN NUGGETS , 5EA W/ KETCHUP CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA FRESH ORANGE WEDGES, 2EA TOSSED SALAD FRESH CANTALOUPE, 1SL	APRIL 4 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
APRIL 7 BBQ BEEF ON WHEAT HAMBURGER ROLL , 1/2 - 1 EA STEAMED GREEN BEANS, 1/2C CHILLED DICED PEARS, 1/2 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	APRIL 8 SOUTH OF THE BORDER BEEF TACO MEAT , 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP SEEDLESS GRAPES, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8	APRIL 9 BEEF STEAK & CHEESE , 3OZ SUB ROLL, 1EA SHRED CHED CHEESE KETCHUP BAKED LAY'S, 1EA GRILLED PEPPERS & ONIONS, 1OZ SCANDANAVIAN BLEND VEG, 1/2C PINEAPPLE TIDBITS, 1/2C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	APRIL 10 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MARINARA SAUCE , 3/4 C WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	APRIL 11 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
APRIL 14 OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	APRIL 15 BONELESS CHICKEN BREAST CHUNKS, 4EA KETCHUP WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C DICED MIXED MELONS, 3/8C	APRIL 16 ITALIAN ALL BEEF MEATBALL SUB , 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GRILLED ONIONS & PEPPERS FRESH SAUTEED GREEN BEANS, 1/2 C FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2 EA DICED PEACHES IN JUICE, 3/8C	APRIL 17 NOON DISMISSAL	APRIL 18 EASTER BREAK !!!	
APRIL 21 EASTER BREAK !!!	APRIL 22 EASTER BREAK !!! A	APRIL 23 EASTER BREAK !!!	APRIL 24 EASTER BREAK !!!	APRIL 25 EASTER BREAK !!!	
APRIL 28 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 3/4 C WHEAT DINNER ROLL, 1 EA FRESH SAUTEED GREEN BEANS, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	APRIL 29 ASIAN SWEET & SOUR CHICKEN , 1/2C WHOLE GRAIN RICE, 1/2C SWEET YELLOW CORN, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	APRIL 30 **BRKFST FOR LUNCH** FRENCH TOAST STICKS W/ SYRUP, 4EA TURKEY SAUSAGE PATTY, 2EA DANIMALS VANILLA YOGURT, 1EA APPLESAUCE, 3/8C TOSSED SALAD, 1/2C SEEDLESS GRAPES, 3/8C			

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal
