

**ST. THOMAS AQUINAS** **APRIL 2018** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>APRIL 2</u>	<u>APRIL 3</u>	<u>APRIL 4</u>	<u>APRIL 5</u>	<u>APRIL 6</u>
SPRING	SPRING	SPRING	SPRING	SPRING
BREAK!!	BREAK!!	BREAK!!	BREAK!!	BREAK!!
<u>APRIL 9</u> <b>OVEN BAKED CHICKEN BREAST PATTY SANDWICH</b> , 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 3EA	<u>APRIL 10</u> <b>MACARONI &amp; CHEESE</b> , 1/2C <b>BONELESS CHICKEN BREAST CHUNK WING DINGS</b> , 4EA NO HFC KETCHUP MIXED VEGETABLE TRIO W/RANCH DIP, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C PEARS IN JUICE, 3/8 C	<u>APRIL 11</u> <b>MEXICAN NACHO FIESTA</b> , 1/2 C SHRED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2 C TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	<u>APRIL 12</u> <b>ITALIAN BEEF MEATBALL SUB</b> ,5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GRILLED PEPPERS & ONIONS, 1/2OZ GREEN BEANS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	<u>APRIL 13</u> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C FRESH BAKED SUGAR COOKIE, 2 EA
<u>APRIL 16</u> <b>ROASTED TERIYAKI CHICKEN STRIPS</b> , 5 EA BRN WHL GRAIN RICE, 1/2 C EGG ROLLS W/ DIPPING SAUCE, 1EA BABY CARROTS W/DIP, 1/2 C MIXED FRUIT IN JUICE (NO PINEAPPLE), 3/8 C TOSSED SALAD W/RANCH, 1/2C FRESH ORANGE WEDGES,2EA	<u>APRIL 17</u> <b>LEAN BEEF CHEESEBURGER</b> ,1 EA WHEAT ROLL W/ NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD PEARS IN JUICE, 3/8C	<u>APRIL 18</u> <b>BEEF CORN DOG ON A STICK</b> , 2EA NO HFC KETCHUP 100% OVEN ROASTED POTATOES, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	<u>APRIL 19</u> <b>CHICKEN FAJITAS</b> , 1/2 C SHRED CHEDDAR , 1 OZ WARM TORTILLAS, 2 EA SALSA/SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	<u>APRIL 20</u> <b>PIZZA DAY</b> TOSSED SALAD FRESH BAKED OATMEAL RAISIN COOKIE, 2 EA
<u>APRIL 23</u> <b>BEEF MEATBALLS &amp; GRAVY</b> , 5EA WHOLE GRAIN BROWN RICE, 1/2C FRESH BABY CARROTS W/ DIP, 1/2C ALL NATURAL APPLESAUCE, 3/8C TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	<u>APRIL 24</u> <b>**NITRITE FREE** ALL CHICKEN HOT DOG ON ROLL</b> , 2 EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	<u>APRIL 25</u> <b>WG BREADED CHICKEN NUGGETS</b> , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALAD W/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	<u>APRIL 26</u> <b>*BREAKFAST FOR LUNCH*</b> WG BUTTERMILK PANCAKES, 2EA SYRUP (NO HFC) VANILLA YOGURT, 1/2C TURKEY SAUSAGE PATTY, 2EA APPLESAUCE, 3/8C TOSSED SALAD, 1/2C FRESH APPLE, 1EA	<u>APRIL 27</u> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA
<u>APRIL 30</u> <b>CHICKEN SLIDERS ON ROLLS</b> , 2EA SLIDER ROLL, 2EA FANCY SHREDDED CHEDDAR CHEESE, 1OZ KETCHUP (NO HFC) STEAMED GREEN BEANS, 1/2 C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2EA				

All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
8 oz milk required with each meal