

**ST. THOMAS AQUINAS**

**APRIL 2019**

**BK PORTIONS**

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|---|---|--|--|
| <p><b>APRIL 1</b><br/> <b>CHICKEN SLIDERS ON ROLLS</b> , 2EA<br/>                     SLIDER ROLL, 2EA<br/>                     FANCY SHREDDED CHEDDAR CHEESE, 1OZ<br/>                     KETCHUP (NO HFC)<br/>                     STEAMED GREEN BEANS, 1/2 C<br/>                     MIXED FRUIT IN JUICE, 3/8 C<br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH ORANGE WEDGES, 2EA</p>  | <p><b>APRIL 2</b><br/> <b>CHICKEN TENDERS, GLUTEN FREE</b> , 4EA<br/>                     NO HFC KETCHUP/HONEY MUSTARD<br/>                     WHOLE GRAIN RICE, 1/2C<br/>                     FRESH BABY CARROTS W/RANCH DIP, 1/2C<br/>                     FRESH APPLE, 1EA<br/>                     TOSSED SALADW/ RANCH, 1/2C<br/>                     ALL NATURAL APPLESAUCE, 3/8C</p>  | <p><b>APRIL 3</b><br/> <b>SALISBURY STEAK W/ GRAVY</b> ,1 EA<br/>                     SAVORY MASHED POTATOES, 1/2 C<br/>                     WHEAT DINNER ROLL, 1 EA<br/>                     PINEAPPLE TIDBITS IN JUICE, 3/8 C<br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH CANTALOUPE, 1SL</p>                           | <p><b>APRIL 4</b><br/> <b>WHL GRAIN SPAGHETTI PASTA W/BEEF &amp; TURKEY CRUMBLE MEAT MARINARA</b> , 3/4 C<br/>                     W/ PARM CHEESE, 1 OZ<br/>                     ITALIAN BREAD, 1SL<br/>                     SWEET YELLOW CORN, 1/2C<br/>                     PEARS IN JUICE, 3/8 C<br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH BANANA, 1EA</p>                            | <p><b>APRIL 5</b><br/> <b>PIZZA DAY</b><br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA</p>    |
| <p><b>APRIL 8</b><br/> <b>OVEN BAKED CHICKEN BREAST PATTY SANDWICH</b> , 1 EA<br/>                     WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA<br/>                     SWEET TENDER PEAS, 1/2 C<br/>                     ALL NATURAL APPLESAUCE, 3/8 C<br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH ORANGE WEDGES, 3EA</p>   | <p><b>APRIL 9</b><br/> <b>MACARONI &amp; CHEESE, 1/2C BONELESS CHICKEN BREAST CHUNK WING DINGS</b> , 4EA<br/>                     NO HFC KETCHUP<br/>                     MIXED FRESH VEGETABLE W/RANCH DIP, 1/2C<br/>                     FRESH BANANA, 1EA<br/>                     TOSSED SALAD, 1/2C<br/>                     PEARS IN JUICE, 3/8 C</p>                                   | <p><b>APRIL 10</b><br/> <b>MEXICAN NACHO FIESTA</b>, 1/2 C<br/>                     SHRED CHEDDAR , 1 OZ<br/>                     CORN TORTILLA CHIPS, 1/2 C<br/>                     SOUR CREAM/SALSA<br/>                     BABY CARROTS W/DIP, 1/2 C<br/>                     TOSSED SALAD, 1/2 C<br/>                     PEARS IN JUICE, 3/8 C</p> | <p><b>APRIL 11</b><br/> <b>ITALIAN BEEF MEATBALL SUB</b> ,5 EA<br/>                     SUB ROLL, 1 EA<br/>                     SHREDDED MOZZARELLA CHEESE, 1 OZ<br/>                     GRILLED PEPPERS &amp; ONIONS, 1/2OZ<br/>                     GREEN BEANS, 1/2 C<br/>                     PEACHES IN JUICE, 3/8C<br/>                     TOSSED SALAD, 1/2 EA<br/>                     FRESH CANTALOUPE, 1SL</p> | <p><b>APRIL 12</b><br/> <b>PIZZA DAY</b><br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH BAKED DOUBLE CHOCOLATE COOKIE, 2 EA</p> |
| <p><b>APRIL 15</b><br/> <b>ROASTED TERIYAKI CHICKEN STRIPS</b> , 5 EA<br/>                     BRN WHL GRAIN RICE, 1/2 C<br/>                     EGG ROLLS W/ DIPPING SAUCE, 1EA<br/>                     BABY CARROTS W/DIP, 1/2 C<br/>                     PEARS IN JUICE, 3/8 C<br/>                     TOSSED SALAD W/RANCH, 1/2C<br/>                     FRESH APPLE, 1EA</p>                                     | <p><b>APRIL 16</b><br/> <b>LEAN BEEF CHEESEBURGER</b> ,1 EA<br/>                     WHEAT ROLL W/ NO HFC KETCHUP<br/>                     PICKLE COINS, 2EA<br/>                     SWEET YELLOW CORN, 1/2C<br/>                     FRESH BANANA, 1EA<br/>                     TOSSED SALAD<br/>                     PEARS IN JUICE, 3/8C</p>  | <p><b>APRIL 17</b><br/> <b>TURKEY CORN DOG NUGGETS, 6EA</b><br/>                     NO HFC KETCHUP<br/>                     100% OVEN ROASTED POTATOES, 1/2C<br/>                     FRESH ORANGE WEDGES, 2 PCS<br/>                     TOSSED SALAD, 1/2 C<br/>                     MANDARIN ORANGES IN JUICE, 3/8C</p>                               | <p><b>APRIL 18</b><br/> <b>HOLY THURSDAY</b></p>   | <p><b>APRIL 19</b><br/> <b>GOOD FRIDAY</b></p>   |
| <p><b>APRIL 22</b><br/> <b>EASTER BREAK!!</b></p>   | <p><b>APRIL 23</b><br/> <b>EASTER BREAK!!</b></p>   | <p><b>APRIL 24</b><br/> <b>EASTER BREAK!!</b></p>   | <p><b>APRIL 25</b><br/> <b>EASTER BREAK!!</b></p>  | <p><b>APRIL 26</b><br/> <b>EASTER BREAK!!</b></p>  |
| <p><b>APRIL 29</b><br/> <b>CHICKEN SLIDERS ON ROLLS</b> , 2EA<br/>                     SLIDER ROLL, 2EA<br/>                     FANCY SHREDDED CHEDDAR CHEESE, 1OZ<br/>                     KETCHUP (NO HFC)<br/>                     STEAMED GREEN BEANS, 1/2 C<br/>                     MIXED FRUIT IN JUICE, 3/8 C<br/>                     TOSSED SALAD, 1/2 C<br/>                     FRESH ORANGE WEDGES, 2EA</p> | <p><b>APRIL 30</b><br/> <b>CHICKEN TENDERS, GLUTEN FREE</b> , 4EA<br/>                     NO HFC KETCHUP/HONEY MUSTARD<br/>                     WHOLE GRAIN RICE, 1/2C<br/>                     FRESH BABY CARROTS W/RANCH DIP, 1/2C<br/>                     FRESH APPLE, 1EA<br/>                     TOSSED SALADW/ RANCH, 1/2C<br/>                     ALL NATURAL APPLESAUCE, 3/8C</p> |   |  |  |

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal