

ST. THOMAS AQUINAS

AUGUST 2007

BK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		AUGUST 1 CN- BONELESS OVEN FRIED DRUMSTICK, 2 EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	AUGUST 2 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	AUGUST 3 TOSSED SALAD, 1 EA HOME BAKED CHOCOLATE CHIP COOKIE, 1 EA
AUGUST 6 CHICKEN FINGERS W/CATSUP, 4 EA GREEN BEANS, 1/2 C DINNER ROLL, 1 EA VANILLA WAFERS, 6 EA CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	AUGUST 7 ENRICHED SHORT SPAGHETTI W/ MARINARA MEAT SAUCE, 3/4 C TOSSED SALAD W/CREAMY RANCH DRESSING, 1/2 C FRESH BANANA, 1 EA FRESH ORANGE WEDGES, 2 EA	AUGUST 8 SALISBURY STEAK W/GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C DINNER ROLL, 1 EA FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	AUGUST 9 SANTA FE CHICKEN, 2 OZ W/ SHRED CHEDDAR CHEESE, 1/2 OZ SUB ROLL, 1 EA SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	AUGUST 10 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
AUGUST 13 CN-SNACK-ATIZERS POPCORN CHICKEN, 10 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C BREAD STICKS, 1 PKTS CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	AUGUST 14 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C	AUGUST 15 BEEF CHEESEBURGER, 1 EA CATSUP & PICKLE COINS SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C PINEAPPLE TIDBITS, 3/8 C	AUGUST 16 NACHO MEAT, 2 OZ (GRD BEEF & TURKEY) SHREDDED CHEDDAR, 1 OZ TORTILLA CHIPS, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	AUGUST 17 TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA
AUGUST 20 TERIYAKI CHICKEN STRIPS, 5 EA MULTI GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C FORTUNE COOKIE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEACHES, 3/8 C	AUGUST 21 ITALIAN MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 EA CHILLED APPLESAUCE, 1/4 C	AUGUST 22 CHICKEN BREAST SANDWICH, 1 EA SLICE CHEESE & CATSUP HAMBURGER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	AUGUST 23 TURKEY CORN DOG NUGGETS, 6 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	AUGUST 24 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
AUGUST 27 CHICKEN PATTY SANDWICH, 1 EA ON A ROLL, 1 EA W/ HONEY MUSTARD FLAT BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	AUGUST 28 HAWAIIAN MEATBALLS, 5 EA MULTI GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	AUGUST 29 CN- BONELESS OVEN FRIED DRUMSTICK, 2 EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	AUGUST 30 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	AUGUST 31 TOSSED SALAD, 1 EA HOME BAKED CHOCOLATE CHIP COOKIE, 1 EA

Portions meet CACFP requirements for 6 to 12 year olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal