

ST. THOMAS AQUINAS		DECEMBER 2010			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		DECEMBER 1 ITALIAN TURKEY MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH ORANGE WEDGES, 2EA TOSSED SALAD, 1/2 EA CHILLED DICE PEACHES, 3/8C	DECEMBER 2 NACHO MEAT, 2 OZ (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	DECEMBER 3 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
DECEMBER 6 TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH APPLE, 1EA TOSSED SALAD CHILLED DICED PEACHES, 3/8 C	DECEMBER 7 LEAN BEEF CHEESEBURGER , 1 EA W/ CATSUP SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD PINEAPPLE TIDBITS, 3/8 C PICKLE COINS, 2 EA	DECEMBER 8 **CHICKEN FAJITAS** , 2OZ WARM SOFT TORTILLAS, 2EA SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD CHILLED DICED PEARS, 3/8C	DECEMBER 9 BREAKFAST FOR LUNCH!! TURKEY SAUSAGE LINKS, 2EA HASH BROWN POTATOES, 1/2C SCRAMBLED EGGS, 1/2C FRENCH TOAST STICKS, 3EA CHILLED DICED PEACHES, 3/8 C TOSSED SALAD FRESH BANANA, 1 EA	DECEMBER 10 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
DECEMBER 13 CHILI MAC, 3/4 C ELBOW MACARONI, W/ BEEF TOMATOES, & CHEESE SAUCE SALTINE CRACKERS, 6 EA SWEET YELLOW CORN, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	DECEMBER 14 *SOUTH OF THE BORDER* WARM SOFT BEEF TACOS, 2OZ WARM SOFT TORTILLAS, 2EA SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	DECEMBER 15 SALISBURY STEAK W/ LO-SODIUM GRAVY, 1EA MASHED POTATOES, 1/2C WHEAT DINNER ROLL, 1EA CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C APPLE, 1 EA	DECEMBER 16 CHIPOTLE STYLE BURRITOS CHICKEN, 1/3C WHITE LIME RICE, 1/2C BLACK BEANS, 1/4C SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA FIELD TRIP 4A/B	DECEMBER 17 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
DECEMBER 20 CHICKEN ALFREDO PENNE PASTA W/ CREAMY ALFREDO SAUCE & DICED BREAST OF CHICKEN GARLIC BREAD, 1EA GREEN BEANS, 1/2C CHILLED DICE PEARS, 3/8C TOSSED SALAD, 1/2C FRESH APPLE, 1EA	DECEMBER 21 HONEY BBQ CHICKEN LEGS, 2EA ROASTED POTATOES, 1/2C BAKED BEANS, 1/4C WHEAT DINNER ROLL, 1EA TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1 EA FRESH ORANGE WEDGES, 2 PCS	DECEMBER 22 CHRISTMAS BREAK !!	DECEMBER 23 CHRISTMAS BREAK !!	DECEMBER 24 CHRISTMAS BREAK !!	
DECEMBER 27 CHRISTMAS BREAK !!	DECEMBER 28 CHRISTMAS BREAK !!	DECEMBER 29 CHRISTMAS BREAK !!	DECEMBER 30 CHRISTMAS BREAK !!	DECEMBER 31 CHRISTMAS BREAK !!	

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal