

ST. THOMAS AQUINAS		DECEMBER 2014			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>DECEMBER 1</b> <b>ROASTED TERIYAKI CHICKEN STRIPS</b> , 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C	<b>DECEMBER 2</b> <b>BEEF HAMBURGER OR CHEESE</b> <b>BURGER</b> , 1EA (3OZ) W/ KETCHUP & PICKLE COINS SWEET YELLOW CORN, 1/2 C FRESH BANANA, 1EA TOSSED SALAD MIXED FRUIT IN JUICE, 3/8C	<b>DECEMBER 3</b> <b>CHICKEN FAJITAS</b> , 1/2C SHRED CHEDDAR , 1 OZ WM SOFT TORTILLAS, 2 EA SALSA / SOUR CREAM/ SHRED LETTUCE, 1/2 OZ MEXICAN RICE, 1/2 C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	<b>DECEMBER 4</b> <b>TURKEY CORN DOG NUGGETS</b> ,6 EA W/ KETCHUP (100%)OVEN ROASTED POTATOES, 1/2C VEGGIE BAKED BEANS, 1/4C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8C	<b>DECEMBER 5</b> <b>PIZZA DAY</b> TOSSED SALAD <b>OTIS SPUNKMEYER CHOCOLATE</b> CHIP COOKIE, 2 EA	
<b>DECEMBER 8</b> <b>STOUFFERS MACARONI &amp; CHEESE</b> W/ WHOLE GRAINS, 3/4 C WHEAT DINNER ROLL, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	<b>DECEMBER 9</b> <b>**NITRITE FREE** BEEF HOT DOG</b> <b>ON ROLL</b> , 2EA CHILI, SHRED CHEDDAR, KETCHUP GARDEN SALSA SUN CHIPS, 1 EA SWEET YELLOW CORN, 1/2 C FRESH BANANA, 1 SL TOSSED SALAD, 1/2 C PEACHES IN JUICE, 3/8C	<b>DECEMBER 10</b> <b>**BRKFAST FOR LUNCH **</b> FRENCH TOAST STICKS W/ SYRUP, 4EA TURKEY SAUSAGE PATTY, 2EA DANIMALS VANILLA YOGURT, 1EA APPLESAUCE, 3/8C TOSSED SALAD, 1/2C FRESH APPLE, 1EA	<b>DECEMBER 11</b> <b>WG BREADED CHICKEN BITES</b> , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH CANTALOUPE, 1SL	<b>DECEMBER 12</b> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C <b>OTIS SPUNKMEYER SUGAR COOKIE</b> , 2 EA	
<b>DECEMBER 15</b> <b>OVEN FRIED CHICKEN LEGS, 2EA</b> CORN ON THE COB, 1EA VEGGIE BAKED BEANS, 1/2C CHILLED DICED PEARS IN JUICE, 1/2C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2EA	<b>DECEMBER 16</b> <b>BEEF TACO</b> , 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP SEEDLESS GRAPES, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8	<b>DECEMBER 17</b> <b>COUNTRY STYLE SALISBURY STEAK</b> W/ LOW SODIUM GRAVY, 1EA RED SKIN MASHED POTATOES, 1/2C WHEAT DINNER ROLL, EA PINEAPPLE TIDBITS IN JUICE, 3/8C TOSSED SALAD, 1/2C FRESH CANTALOUPE, 1SL	<b>DECEMBER 18</b> <b>WHL GRAIN SPAGHETTI PASTA</b> <b>W/BEEF &amp; TURKEY</b> <b>CRUMBLE MARINARA</b> <b>SAUCE</b> , 3/4 C WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	<b>DECEMBER 19</b>  <b>WINTER</b>  <b>BREAK</b>	
<b>DECEMBER 22</b>  <b>WINTER</b>  <b>BREAK</b>	<b>DECEMBER 23</b>  <b>WINTER</b>  <b>BREAK</b>	<b>DECEMBER 24</b>  <b>CHRISTMAS</b>  <b>EVE</b>	<b>DECEMBER 25</b>  <b>MERRY</b>  <b>CHRISTMAS</b>	<b>DECEMBER 26</b>  <b>WINTER</b>  <b>BREAK</b>	
<b>DECEMBER 29</b>  <b>WINTER</b>  <b>BREAK</b>	<b>DECEMBER 30</b>  <b>WINTER</b>  <b>BREAK</b>	<b>DECEMBER 31</b>  <b>WINTER</b>  <b>BREAK</b>			

All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
8 oz milk required with each meal

