

ST. THOMAS AQUINAS		DECEMBER 2016			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			DECEMBER 1 CHICKEN FAJITAS , 1/2 C SHRED CHEDDAR , 1 OZ WARM TORTILLAS, 2 EA SALSA/SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	DECEMBER 2 PIZZA DAY TOSSED SALAD FRESH BAKED SUGAR COOKIE, 2 EA	
DECEMBER 5 BEEF MEATBALLS & GRAVY, 5EA BUTTERED PASTA, 1/2C FRESH BABY CARROTS W/ DIP, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	DECEMBER 6 **NITRITE FREE** ALL CHICKEN HOT DOG ON ROLL , 2 EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	DECEMBER 7 WG BREADED CHICKEN NUGGETS , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	DECEMBER 8 BREAKFAST FOR LUNCH !! BUTTERMILK WHOLE GRAIN PANCAKE W/ SYRUP, 2 EA DANNON PURE VANILLA YOGURT, 1 EA TURKEY SAUSAGE PATTIES, 2 EA FRESH ORANGE WEDGES, 6 PCS	DECEMBER 9 PIZZA DAY TOSSED SALAD, 1/2 C FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA	
DECEMBER 12 WG BREADED OVEN FRIED DRUMSTICK, 1EA STEAMED GREEN BEANS, 1/2C WHEAT DINNER ROLL, 1EA CHILLED DICED PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 3EA	DECEMBER 13 CHICKEN BREAST TENDERS, GLUTEN FREE, 4EA KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	DECEMBER 14 COUNTRY STYLE SALISBURY STEAK W/ GRAVY , 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	DECEMBER 15 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MEAT MARINARA , 3/4 C W/ PARM CHEESE, 1 OZ WARM GARLIC BREAD, 1SL, SWEET YELLOW CORN, 1/2C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	DECEMBER 16 PIZZA DAY TOSSED SALAD FRESH BAKED OATMEAL RAISIN COOKIE, 2 EA	
DECEMBER 19 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 3EA	DECEMBER 20 CREAMY MACARONI & CHEESE, 1/2 C BONELESS CHICKEN BREAST CHUNK WING DINGS , 4EA NO HFC KETCHUP MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8 C	DECEMBER 21 HAPPY HOLIDAY !!	DECEMBER 22 HAPPY HOLIDAY !!	DECEMBER 23 HAPPY HOLIDAY !!	
DECEMBER 26 HAPPY HOLIDAY !!	DECEMBER 27 HAPPY HOLIDAY !!	DECEMBER 28 HAPPY HOLIDAY !!	DECEMBER 29 HAPPY HOLIDAY !!	DECEMBER 30 HAPPY HOLIDAY !!	

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal