

ST. THOMAS AQUINAS		DECEMBER 2017			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				DECEMBER 1 PIZZA DAY TOSSED SALAD FRESH BAKED SUGAR COOKIE, 2 EA	
DECEMBER 4 BEEF MEATBALLS & GRAVY, 5EA WHOLE GRAIN BROWN RICE, 1/2C FRESH BABY CARROTS W/ DIP, 1/2C PEARS IN JUICE, 3/8C TOSSED SALAD, 1/2 C ALLNATURAL APPLESAUCE, 3/8C	DECEMBER 5 **NITRITE FREE** ALL CHICKEN HOT DOG ON ROLL , 2 EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	DECEMBER 6 WG BREADED CHICKEN NUGGETS , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALAD W/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	DECEMBER 7 NEW STEAK & CHEESE SUB ,1/2 C SUB ROLL, 1 EA FANCY SHRED MONTEREY & CHEDDAR CHEESE, 1OZ KETCHUP SWEET YELLOW CORN, 1/2 C ALL NATURAL APPLESAUCE, 1/2 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	DECEMBER 8 PIZZA DAY TOSSED SALAD, 1/2 C FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA	
DECEMBER 11 CHICKEN SLIDERS ON ROLLS , 2EA SLIDER ROLL, 2EA FANCY SHREDDED CHEDDAR CHEESE, 1OZ KETCHUP (NO HFC) STEAMED GREEN BEANS, 1/2 C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2EA	DECEMBER 12 CHICKEN BREAST TENDERS, GLUTEN FREE, 4EA KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	DECEMBER 13 SALISBURY STEAK W/ GRAVY ,1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	DECEMBER 14 WHL GRAIN SPAGHETTI PASTA W/BEEF MEAT MARINARA , 3/4 C W/ PARM CHEESE, 1 OZ WARM GARLIC BREAD, 1SL, SWEET YELLOW CORN, 1/2C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	DECEMBER 15 PIZZA DAY TOSSED SALAD FRESH BAKED OATMEAL RAISIN COOKIE, 2 EA	
DECEMBER 18 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 3EA	DECEMBER 19 MACARONI & CHEESE, 1/2C BONELESS CHICKEN BREAST CHUNK WING DINGS , 4EA NO HFC KETCHUP MIXED VEGETABLE TRIO W/RANCH DIP, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C PEARS IN JUICE, 3/8 C	DECEMBER 20 CHRISTMAS HOLIDAY!!	DECEMBER 21 CHRISTMAS HOLIDAY!!	DECEMBER 22 CHRISTMAS HOLIDAY!!	
DECEMBER 25 CHRISTMAS HOLIDAY!!	DECEMBER 26 CHRISTMAS HOLIDAY!!	DECEMBER 27 CHRISTMAS HOLIDAY!!	DECEMBER 28 CHRISTMAS HOLIDAY!!	DECEMBER 29 CHRISTMAS HOLIDAY!!	

--	--	--	--	--

All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal