

ST. THOMAS AQUINAS

FEBRUARY 2010

BK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FEBRUARY 1 BAKED CHICKEN PATTY SANDWICH, 1 EA ON A ROLL W/ CATSUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA</p>	<p>FEBRUARY 2 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C</p>	<p>FEBRUARY 3 ITALIAN TUKEY MEATBALL SUB, 5EA SUB ROLL, 1EA SHRED MOZZARELLA, 1OZ SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD PINEAPPLE TIDBITS, 3/8 C PICKLE COINS, 2 EA</p>	<p>FEBRUARY 4 BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 4EA TURKEY SAUSAGE LINKS, 3EA HASH BROWNS, 1/2C FRESH ORANGE WEDGES, 4EA CHILLED DICED PEARS, 1/2C</p>	<p>FEBRUARY 5 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA</p>
<p>FEBRUARY 8 TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD CHILLED DICED PEACHES, 3/8 C</p>	<p>FEBRUARY 9 LEAN BEEF CHEESEBURGER, 1EA ON A ROLL, 1EA SLICE CHEESE, 1EA GREEN BEANS, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 EA CHILLED APPLESAUCE, 1/4 C</p>	<p>FEBRUARY 10 4" HORMELHAM & CHEESE SUB, 1EA SHRED LETTUCE & TOMATO ON SIDE, 1/2C HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD CHILLED MIXED FRUIT, 3/8C</p>	<p>FEBRUARY 11 TURKEY CORN DOG NUGGETS, 6 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA</p>	<p>FEBRUARY 12 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA</p>
<p>FEBRUARY 15 PRESIDENT'S DAY HOLIDAY !!</p>	<p>FEBRUARY 16 HAWAIIAN TURKEY MEATBALLS, 5 EA BRN WHL GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p>FEBRUARY 17 SHORT SPAGHETTI W/ MARINARA SAUCE, 3/4C LO-FAT SHRED MOZZARELLA CHEESE, 2OZ ITALIAN BREAD, 2SL GREEN BEANS, 1/2C CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C APPLE, 1 EA</p>	<p>FEBRUARY 18 PHILLY CHEESE STEAK, 3OZ SUB ROLL, 1EA SHREDDED LETTUCE PEPPERS & ONIONS SWEET YELLOW CORN, 1/2C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA</p>	<p>FEBRUARY 19 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA</p>
<p>FEBRUARY 22 CHICKEN ALFREDO, 3/4C GARLIC BREAD, 1SL SWEET GREEN PEAS, 1/2C CHILLED DICED PEARS, 1/2 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA</p>	<p>FEBRUARY 23 BEEF HOT DOG ON BUN, 2EA CHILI, CHEESE, CATSUP POTATO CHIPS, 1/2C GREEN BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD FRESH BANANA, 1 EA</p>	<p>FEBRUARY 24 SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p>FEBRUARY 25 OVEN FRIED DRUMSTICKS BONE IN, 2 EA WHOLE WHEAT BREAD, 1 SL SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C</p>	<p>FEBRUARY 26 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA NO SCHOOL KINDERGARTEN</p>

All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal