

ST. THOMAS AQUINAS

FEBRUARY 2015

BK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 2 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 3/4C WHEAT DINNER ROLL, 1EA SWEET TENDER PEAS, 1/2 C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLES, 1EA	FEBRUARY 3 **NITRITE FREE** ALL BEEF HOT DOG ON ROLL, 2EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP GARDEN SALSA SUN CHIPS, 1EA SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA	FEBRUARY 4 **BRKFAST FOR LUNCH ** FRENCH TOAST STICKS W/ SYRUP, 4EA TURKEY SAUSAGE PATTY, 2EA DANIMALS VANILLA YOGURT, 1EA APPLESAUCE, 3/8C TOSSED SALAD, 1/2C FRESH APPLE, 1EA	FEBRUARY 5 WG BREADED CHICKEN BITES , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	FEBRUARY 6 PIZZA DAY TOSSED SALAD, 1/2 C OTIS SPUNKMEYER FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA
FEBRUARY 9 BBQ BEEF ON WHEAT HAMBURGER ROLL, 1/2 - 1 EA STEAMED GREEN BEANS, 1/2C PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORNAGE WEDGES, 2EA	FEBRUARY 10 BEEF TACO, 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP SEEDLESS GRAPES, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8	FEBRUARY 11 COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1EA	FEBRUARY 12 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MARINARA SAUCE, 3/4 C WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	FEBRUARY 13 PIZZA DAY TOSSED SALAD OTIS SPUNKMEYER FRESH BAKED SUGAR COOKIE, 2 EA
FEBRUARY 16 PRESIDENT'S DAY HOLIDAY	FEBRUARY 17 BONELESS CHICKEN BREAST CHUNKS, 4EA KETCHUP/HONEY MUSTARD WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C DICED MIXED MELONS, 3/8C	FEBRUARY 18 ASH WEDNESDAY PASTA MARINARA, 3/4C GRATED PARMESAN CHEESE, 2OZ ITALIAN BREAD, 1SL GREEN BEANS, 1/2C FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2C PEACHES IN JUICE, 3/8C	FEBRUARY 19 MEXICAN NACHO FIESTA ,1/2C (BEEF CRUMBLES) SHRED CHEDDAR , 1OZ CORN TORTILLA CHIPS, 1/2C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C PEARS IN JUICE, 3/8C	FEBRUARY 20 PIZZA DAY TOSSED SALAD, 1/2 C OTIS SPUNKMEYER FRESH BAKED OATMEAL RAISIN COOKIE, 2 EA
FEBRUARY 23 ROASTED TERIYAKI CHICKEN STRIPS , 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD CHILLED DICED PEACHES IN JUICE, 3/8 C	FEBRUARY 24 BEEF HAMBURGER OR CHEESE BURGER, 1EA (3OZ) WHEAT HAMBURGER BUN, 1EA W/ KETCHUP & PICKLE COINS TOSSED SALAD MIXED FRUIT IN JUICE, 3/8C	FEBRUARY 25 CHICKEN FAJITAS ,1/2C SHRED CHEDDAR, 1OZ WM SOFT TORTILLAS, 2EA SALSA/SOUR CREAM/ SHRED LETTUCE, 1/2OZ MEXICAN RICE, 1/2C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8C	FEBRUARY 26 TURKEY CORN DOG NUGGETS ,6EA W/ KETCHUP (100%)OVEN ROASTED POTATOES, 1/2C VEGGIE BAKED BEANS, 1/4C FRESH ORANGE WEDGES, 2PCS TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	FEBRUARY 27 PIZZA DAY TOSSED SALAD, 1/2 C OTIS SPUNKMEYER FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal