

ST. THOMAS AQUINAS		FEBRUARY 2016			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
FEBRUARY 1 CREAMY MACARONI & CHEESE , 3/4 C WHEAT DINNER ROLL, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1EA	FEBRUARY 2 PIZZA PASTA BAKE BEEF CRUMBLES, BEEF & CHICKEN PEPPERONIN, TOMATO SAUCE, PASTA, 3/4C MOZZARELLA CHEESE, 1OZ TOSSED SALAD W/ MIXED GREENS, 1/2C CREAMY RANCH FRESH BANANA, 1EA	FEBRUARY 3 BREAKFAST FOR LUNCH!! WG BUTTERMILK PANCAKES, 2EA SYRUP VANILLA YOGURT, 3/4C TURKEY SAUSAGE PATTY, 2EA CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C FRESH APPLE, 1 EA	FEBRUARY 4 WG BREADED CHICKEN BITES , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	FEBRUARY 5 YOUTH RALLEY SCHOOL PROVIDED LUNCH	
FEBRUARY 8 MINI WG CHEESE RAVIOLI , 3/4C MOZZARELLA CHEESE, 1OZ WARM GARLIC BREAD, 1SL STEAMED GREEN BEANS, 1/2C CHILLED DICED PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGES, 2 EA	FEBRUARY 9 BEEF TACO , 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8	FEBRUARY 10 PENNE PASTA ALFREDO , 3/4C WARM GARLIC BREAD, 1EA SCANDANAVIAN BLEND VEGGIE, 1/2 PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	FEBRUARY 11 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MEAT MARINARA , 3/4 C W/ PARM CHEESE, 1 OZ ITALIAN BREAD, 1SL, 1 EA SWEET YELLOW CORN, 1/2C, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	FEBRUARY 12 PIZZA DAY TOSSED SALAD HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
FEBRUARY 15 PRESIDENT'S DAY	FEBRUARY 16 CREAMY MACARONI & CHEESE , 3/4 C WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C PEARS IN FRUIT JUICE, 3/8 C	FEBRUARY 17 ITALIAN BEEF MEATBALL SUB ,5 EA SUB ROLL, 1 EA SHRED MOZZARELLA CHEESE, 1 OZ PEPPERS & ONIONS GREEN BEANS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	FEBRUARY 18 MEXICAN NACHO FIESTA ,1/2 C (BEEF CRUMBLES) SHRED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2 C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C	FEBRUARY 19 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA	
FEBRUARY 22 ROASTED TERIYAKI CHICKEN STRIPS , 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD FRESH ORANGE WEDGES, 3EA	FEBRUARY 23 LEAN BEEF CHEESEBURGER ,1 EA NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH BANANA, 1EA	FEBRUARY 24 CHICKEN FAJITAS , 1/2 C SHRED CHEDDAR , 1 OZ WARM SOFT TORTILLAS, 2 EA SALSA & SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	FEBRUARY 25 TURKEY CORN DOG NUGGETS ,6 EA NO HFC KETCHUP 100% OVEN ROASTED POTATOES, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	FEBRUARY 26 PROFESSIONAL DAY NO SCHOOL	
FEBRUARY 29 WG BREADED POLLOCK FISH SANDWICH , 1EA WHEAT HAMBURGER ROLL, 1EA NO HFC KETCHUP SWEET TENDER PEAS, 1/2C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2EA					

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal
