

ST. THOMAS AQUINAS		FEBRUARY 2017			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		FEBRUARY 1 WG BREADED CHICKEN NUGGETS , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	FEBRUARY 2 BEEF SLIDERS ON ROLLS, 2EA SLIDER ROLL, 2EA SLICE CHEESE, 1EA KETCHUP (NO HFC) SWEET YELLOW CORN, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	FEBRUARY 3 PTO PROVIDED LUNCH	
FEBRUARY 6 WHOLE GRAIN MINI CHEESE RAVIOLI , 3/4 C SHREDDED MOZZARELLA CHEESE, 1 OZ STEAMED GREEN BEANS, 1/2C ORANGE WEDGES, 2EA TOSSED SALAD W/ RANCH, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C	FEBRUARY 7 CHICKEN BREAST TENDERS, GLUTEN FREE, 4EA KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C ALL NATURAL APPLESAUCE, 3/8C	FEBRUARY 8 COUNTRY STYLE SALISBURY STEAK W/GRAVY , 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	FEBRUARY 9 WG SPAGHETTI PASTA W/MARINARA ,3/4C BEEF MEATBALLS IN MARINARA , 5EA W/PARM CHEESE, 1/2OZ WM GARLIC BREAD, 1SL, SWEET YELLOW CORN, 1/2C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	FEBRUARY 10 PIZZA DAY TOSSED SALAD FRESH BAKED OATMEAL RAISIN COOKIE, 2 EA	
FEBRUARY 13 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 3EA	FEBRUARY 14 CREAMY MACARONI & CHEESE, 1/2C BONELESS CHICKEN BREAST CHUNK WING DINGS , 4EA NO HFC KETCHUP MIXED VEGETABLE TRIO W/ RANCH DIP, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C DICED PEARS JUICE, 3/8C	FEBRUARY 15 MEXICAN BEEF NACHO FIESTA, 1/2 C SHRED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2 C TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	FEBRUARY 16 ITALIAN BEEF MEATBALL SUB ,5EA SUB ROLL, 1 EA SHRED MOZZARELLA CHEESE, 1 OZ PEPPERS & ONIONS GREEN BEANS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	FEBRUARY 17 PIZZA DAY TOSSED SALAD, FRESH BAKED CHOCOLATE CHIP COOKIE, 2 EA	
FEBRUARY 20 PRESIDENT'S DAY HOLIDAY	FEBRUARY 21 LEAN BEEF CHEESEBURGER ,1 EA WHEAT ROLL W/ NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD MIXED FRUIT IN JUICE, 3/8C	FEBRUARY 22 TURKEY CORN DOG NUGGETS ,6 EA NO HFC KETCHUP 100% OVEN ROASTED POTATOES, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD W/ RANCH, 1/2 C PEARS IN JUICE, 3/8C	FEBRUARY 23 CHICKEN FAJITAS, 1/2 C SHRED CHEDDAR , 1 OZ WARM TORTILLAS, 2 EA SALSA/SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	FEBRUARY 24 PIZZA DAY TOSSED SALAD FRESH BAKED SUGAR COOKIE, 2 EA	
FEBRUARY 27 BEEF MEATBALLS & GRAVY, 5EA BUTTERED PASTA, 1/2C FRESH BABY CARROTS W/ DIP, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	FEBRUARY 28 **NITRITE FREE** ALL CHICKEN HOT DOG ON ROLL , 2 EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA				

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal