

ST. THOMAS AQUINAS **FEBRUARY 2021** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 1 CHICKEN SLIDERS ON ROLLS , 2EA SLIDER ROLL, 2EA FANCY SHREDDED CHEDDAR CHEESE, 1OZ KETCHUP PKT, 2EA STEAMED GREEN BEANS, 1/2 C MIXED PEACHES & PEARS IN JUICE, 1/2C	FEBRUARY 2 CHICKEN TENDERS, GLUTEN FREE , 4EA KETCHUP PKT, 4EA WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS, 1/2C RANCH DRESSINGPACKET (SMALL) FRESH APPLE, 1EA RED DELICIOUS APPLE, 1EA	FEBRUARY 3 NOON DISMISSAL	FEBRUARY 4 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MEAT MARINARA , 3/4 C PARMESAN CHEESE, 1 OZ BABY SPINACH LEAVES, 1/2C RANCH DRESSING PACKET (SMALL) FRESH BANANA, 1EA	FEBRUARY 5 PIZZA DAY TOSSED SALAD W/MIXED GREENS, 1/2 C RANCH DRESSING PACKETS (SMALL) HOME BAKED COOKIE, 2 EA
FEBRUARY 8 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL KETCHUP PKT, 2EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 1/2C	FEBRUARY 9 CREAMY MACARONI & CHEESE W/ WHOLE GRAINS , 3/4 C WHOLE GRAIN BREAD, 1 EA BABY CARROTS, BROCCOLI, 1/2C RANCH DRESSING PKT, (SMALL) FRESH BANANA, 1 EA	FEBRUARY 10 NOON DISMISSAL	FEBRUARY 11 ITALIAN BEEF MEATBALL SUB ,5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ TOSSED SALAD W/ MIXED GREENS, 1/2C RANCH DRESSING PKT (SMALL) FRESH GALA APPLE, 1EA	FEBRUARY 12 PIZZA DAY TOSSED SALAD W/MIXED GREENS, 1/2 C RANCH DRESSING PACKETS (SMALL) HOME BAKED COOKIE, 2 EA
FEBRUARY 15 PRESIDENT'S DAY HOLIDAY	FEBRUARY 16 LEAN BEEF CHEESEBURGER , 1 EA W/ NO HFC KETCHUP PKT, 2EA CHEDDAR CHEESE SLICE, 1EA SWEET YELLOW CORN, 1/2 C RED DELICIOUS APPLE, 1EA	FEBRUARY 17 NOON DISMISSAL	FEBRUARY 18 CHICKEN FAJITAS, NAE , 1/2 C LO-FAT SHREDDED CHEDDAR , 1 OZ WARM SOFT TORTILLAS, 2 EA SALSA, 1/2 OZ STEAMED GREEN BEANS, 1/2 C FRESH BANANA, 1EA	FEBRUARY 19 PIZZA DAY TOSSED SALAD W/MIXED GREENS, 1/2 C RANCH DRESSING PACKETS (SMALL) HOME BAKED COOKIE, 2 EA
FEBRUARY 22 BEEF MEATBALLS & GRAVY , 5EA WHOLE GRAIN BROWN RICE, 1/2C FRESH BABY CARROTS, 1/2C RANCH DRESSING PACKET (SMALL) PINEAPPLE TIDBITS, 1/2C	FEBRUARY 23 PIZZA PASTA BAKE , 3/4C WG PASTA, MARINARA, BEEF CRUMBLES, CHICKEN & BEEF PEPPERONI SHRED MOZZARELLA, 1/2OZ STEAMED GREEN BEANS, 1/2C FRESH BANANA, 1EA	FEBRUARY 24 NOON DISMISSAL	FEBRUARY 25 CHEESEBURGER MEATLOAF , 1/2 C WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/2 C FRESH GOLDEN DELICIOUS APPLE, 1EA	FEBRUARY 26 NOON DISMISSAL

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal