

ST. THOMAS AQUINAS

JANUARY 2008

BK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	JANUARY 1 HAPPY NEW YEAR !!	JANUARY 2 HAPPY HOLIDAY !!	JANUARY 3 NACHO MEAT, 2 OZ (GRD CHICKEN, BEEF, & TVP) SHREDDED CHEDDAR, 1 OZ TORTILLA CHIPS, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	JANUARY 4 TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA
JANUARY 7 TERIYAKI CHICKEN STRIPS, 5 EA MULTI GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C FORTUNE COOKIE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEACHES, 3/8 C	JANUARY 8 ITALIAN MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 EA CHILLED APPLESAUCE, 1/4 C	JANUARY 9 CHICKEN BREAST SANDWICH, 1 EA SLICE CHEESE & CATSUP HAMBURGER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	JANUARY 10 TURKEY CORN DOG NUGGETS, 6 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	JANUARY 11 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
JANUARY 14 CHICKEN PATTY SANDWICH, 1 EA ON A ROLL, 1 EA W/ AMER CHEESE & HONEY MUSTARD GREEN BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	JANUARY 15 HAWAIIAN MEATBALLS, 5 EA MULTI GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	JANUARY 16 SALISBURY STEAK W/GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	JANUARY 17 ENRICHED SHORT SPAGHETTI, 3/4 C W/ PARM CHEESE, 1 OZ DINNER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	JANUARY 18 TOSSED SALAD, 1 EA HOME BAKED CHOCOLATE CHIP COOKIE, 1 EA
JANUARY 21 MARTIN LUTHER KING HOLIDAY !!	JANUARY 22 ENRICHED SHORT SPAGHETTI W/ MARINARA MEAT SAUCE, 3/4 C TOSSED SALAD W/CREAMY RANCH DRESSING, 1/2 C FRESH BANANA, 1 EA FRESH ORANGE WEDGES, 2 EA	JANUARY 23 SALISBURY STEAK W/GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C DINNER ROLL, 1 EA FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	JANUARY 24 SANTA FE CHICKEN, 2 OZ W/ SHRED CHEDDAR CHEESE, 1/2 OZ SUB ROLL, 1 EA SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	JANUARY 25 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
JANUARY 28 EARLY DISMISSAL NO LUNCH	JANUARY 29 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C	JANUARY 30 BEEF CHEESEBURGER, 1 EA CATSUP & PICKLE COINS SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C PINEAPPLE TIDBITS, 3/8 C	JANUARY 31 NACHO MEAT, 2 OZ (GRD CHICKEN, BEEF, & TVP) SHREDDED CHEDDAR, 1 OZ TORTILLA CHIPS, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	

Portions meet CACFP requirements for 6 to 12 year olds. All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal