

**ST. THOMAS AQUINAS** **JANUARY 2011** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>JANUARY 3</b>                      TERIYAKI CHICKEN STRIPS, 5 EA                      BRN WHL GRAIN RICE, 1/2 C                      BABY CARROTS W/DIP, 1/2 C                      CHILLED DICED PEARS, 3/8 C                      TOSSED SALAD                      CHILLED DICED PEACHES, 3/8 C</p>	<p><b>JANUARY 4</b>                      ITALIAN TURKEY MEATBALL SUB,                      5 EA                      SUB ROLL, 1 EA                      SHREDDED MOZZARELLA CHEESE,                      1 OZ                      GREEN BEANS, 1/2 C                      FRESH APPLE, 1 EA                      TOSSED SALAD, 1/2 EA                      CHILLED APPLESAUCE, 1/4 C</p>	<p><b>JANUARY 5</b>                      4" HORMELHAM &amp;                      CHEESE SUB, 1EA                      SHRED LETTUCE &amp;                      TOMATO ON SIDE, 1/2C                      HOT MIXED VEGETABLE, 1/2 C                      FRESH ORANGE WEDGES, 3EA                      TOSSED SALAD                      CHILLED MIXED FRUIT 3/8C</p>	<p><b>JANUARY 6</b>                      TURKEY CORN DOG NUGGETS, 6 EA                      W/ CATSUP                      SWEET TENDER PEAS, 1/2 C                      FRESH ORANGE WEDGES, 2 PCS                      TOSSED SALAD, 1/2 C                      FRESH BANANA, 1 EA</p>	<p><b>JANUARY 7</b>                      PIZZA DAY                      TOSSED SALAD                      HOME BAKED SUGAR COOKIE, 2 EA</p>
<p><b>JANUARY 10</b>                      CHILI MAC, 3/4 C                      ELBOW MACARONI, W/ BEEF                      TOMATOES, &amp; CHEESE SAUCE                      SALTINE CRACKERS, 6 EA                      SWEET YELLOW CORN, 1/2 C                      CHILLED DICED PEACHES, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH BANANA, 1 EA</p>	<p><b>JANUARY 11</b>                      HAWAIIAN TURKEY MEATBALLS, 5 EA                      BRN WHL GRAIN RICE, 1/2 C                      FRESH BABY CARROTS W/RANCH                      DIP, 1/2 C                      PINEAPPLE TIDBITS, 3/8 C                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8 C</p>	<p><b>JANUARY 12</b>                      CN - WHOLE GRAIN BREADED                      CHICKEN NUGGETS W CATSUP, 5 EA                      SAVORY MASHED POTATOES, 1/2 C                      WHOLE WHEAT BREAD, 1 SL                      CHILLED APPLESAUCE, 1/2 C                      TOSSED SALAD W/ RANCH, 1/2 C                      APPLE, 1 EA</p>	<p><b>JANUARY 13</b>                      WHL GRAIN SPAGHETTI PASTA                      W/MEAT MARINARA, 3/4 C                      W/ PARM CHEESE, 1 OZ                      DINNER ROLL, 1 EA                      HOT MIXED VEGETABLE, 1/2 C                      CHILLED DICED PEARS, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH ORANGE WEDGES, 2 EA</p>	<p><b>JANUARY 14</b>   <b>TEACHER IN SERVICE</b>   <b>NO SCHOOL</b></p>
<p><b>JANUARY 17</b>   <b>MARTIN LUTHER</b>   <b>KING HOLIDAY !!</b></p>	<p><b>JANUARY 18</b>                      *NITRITE FREE* ALL BEEF HOT DOG                      ON ROLL, 1 1/2EA CHILI &amp; CHEESE &amp;                      CATSUP                      CHIPS, 1/2 C                      SWEET YELLOW CORN, 1/2 C                      BANANA, 1EA                      TOSSED SALAD                      MIXED FRUIT, 3/8C</p>	<p><b>JANUARY 19</b>                      SALISBURY STEAK W/ LOW SODIUM                      GRAVY, 1 EA                      SAVORY MASHED POTATOES, 1/2 C                      DINNER ROLL, 1 EA                      PINEAPPLE TIDBITS, 3/8 C                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8 C</p>	<p><b>JANUARY 20</b>                      OVEN FRIED DRUMSTICKS BONE IN,                      2 EA                      WHOLE WHEAT BREAD, 1 SL                      SWEET YELLOW CORN, 1/2 C                      FRESH APPLE, 1 EA                      TOSSED SALAD, 1/2 C                      CHILLED APPLESAUCE, 3/8 C</p>	<p><b>JANUARY 21</b>                      PIZZA DAY                      TOSSED SALAD                      HOME BAKED SUGAR COOKIE, 2 EA</p>
<p><b>JANUARY 24</b>                      BAKED CHICKEN PATTY SANDWICH,                      1 EA                      ON A ROLL W/ CATSUP, 1 EA                      SWEET TENDER PEAS, 1/2 C                      CHILLED APPLESAUCE, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH APPLE, 1 EA</p>	<p><b>JANUARY 25</b>                      MACARONI &amp; CHEESE, 3/4 C                      DINNER ROLL, 1 EA                      MIXED VEGETABLE TRIO W/CREAMY                      RANCH DIP, 1/2 C                      FRESH BANANA, 1 EA                      TOSSED SALAD, 1/2 C                      CHILLED MIXED FRUIT, 3/8 C</p>	<p><b>JANUARY 26</b>                      LEAN BEEF CHEESEBURGER , 1 EA                      W/ CATSUP                      SWEET YELLOW CORN, 1/2 C                      FRESH ORANGE WEDGES, 2 PCS                      TOSSED SALAD                      PINEAPPLE TIDBITS, 3/8 C                      PICKLE COINS, 2 EA</p>	<p><b>JANUARY 27</b>                      NACHO MEAT, 2 OZ                      ( BEEF CRUMBLES)                      LO-FAT SHREDDED CHEDDAR , 1 OZ                      CORN TORTILLA CHIPS, 1/2 C                      BABY CARROTS W/DIP, 1/2 C                      FRESH APPLE, 1 EA                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8 C</p>	<p><b>JANUARY 28</b>   <b>YOUTH RALLY</b>   <b>NO HOT LUNCH                      SERVED</b></p>
<p><b>JANUARY 31</b>                      TERIYAKI CHICKEN STRIPS, 5 EA                      BRN WHL GRAIN RICE, 1/2 C                      BABY CARROTS W/DIP, 1/2 C                      CHILLED DICED PEARS, 3/8 C                      TOSSED SALAD                      CHILLED DICED PEACHES, 3/8 C</p>				

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal