

ST. THOMAS AQUINAS **JANUARY 2012** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>JANUARY 2</p> <p>HAPPY NEW YEAR !!!</p>	<p>JANUARY 3</p> <p>LEAN BEEF CHEESEBURGER , 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/2 C FRESH BANANA, 1EA TOSSED SALAD MIXED FRUIT, 3/8 C PICKLE COINS, 2 EA</p>	<p>JANUARY 4</p> <p>**CHICKEN FAJITAS**, 2OZ WARM SOFT TORTILLAS, 2EA SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA, SHRED LETTUCE GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD CHILLED APPLESAUCE, 3/8C</p>	<p>JANUARY 5</p> <p>TURKEY CORN DOG NUGGETS, 6 EA W/ KETCHUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C CHILLED DICE PEARS IN JUICE, 3/8C</p>	<p>JANUARY 6</p> <p>PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA</p>
<p>JANUARY 9</p> <p>CREAMY MACARONI & CHEESE, 3/4C WHEAT DINNER ROLL, 1EA SWEET TENDER PEAS, 1/2C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C MIXED FRUIT, 3/8C</p>	<p>JANUARY 10</p> <p>4" HORMEL HAM & CHEESE SUB, 1EA SHRED LETTUCE & TOMATO ON SIDE, 1/2C CHIPS, 1/2 C SWEET YELLOW CORN, 1/2 C FRESH BANANA, 1EA TOSSED SALAD PINEAPPLE TIDBITS, 3/8 C</p>	<p>JANUARY 11</p> <p>WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE, 3/4C WARM GARLIC BREAD, 1SL STEAMED GREEN BEANS, 1/2C CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C APPLE, 1 EA</p>	<p>JANUARY 12</p> <p>BAKED CHICKEN PARMESAN, DICED CHICKEN BREAST W/MOZZ & PARM CHEESE, 3/4C ITALAIN BREAD, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA</p>	<p>JANUARY 13</p> <p>PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA</p>
<p>JANUARY 16</p> <p>MARTIN LUTHER KING HOLIDAY !!</p>	<p>JANUARY 17</p> <p>CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA WHOLE WHEAT BREAD, 1 SL SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C</p>	<p>JANUARY 18</p> <p>SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p>JANUARY 19</p> <p>GRILLED TURKEY SLIDERS ON WHOLE WHEAT ROLL, 2 EA SLICE CHEESE & CATSUP, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 PCS PICKLE COINS, 2 PCS</p>	<p>JANUARY 20</p> <p>PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA</p>
<p>JANUARY 23</p> <p>BAKED CHICKEN PATTY SANDWICH, 1 EA ON A ROLL W/ CATSUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA MARCH FOR LIFE 8A/B FIELD TRIP</p>	<p>JANUARY 24</p> <p>MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C</p>	<p>JANUARY 25</p> <p>ITALIAN BEEF & TURKEY MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 EA CHILLED APPLESAUCE, 1/4 C</p>	<p>JANUARY 26</p> <p>NACHO MEAT, 2 OZ (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p>JANUARY 27</p> <p>NOON DISMISSAL</p>
<p>JANUARY 30</p> <p>TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD CHILLED DICED PEACHES, 3/8 C</p>	<p>JANUARY 31</p> <p>BRKF FOR LUNCH!! TURKEY SAUSAGE LINKS, 2EA HASH BRN POTATOES, 1/2C SCRAMBLED EGGS, 1/2C FR TOAST STICKS, 3EA MIXED FRUIT, 3/8C TOSSED SALAD FRESH BANANA, 1 EA</p>			

All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal