

ST. THOMAS AQUINAS		JANUARY 2015			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			<u>JANUARY 1</u>  HAPPY NEW YEAR!!!	<u>JANUARY 2</u>  WINTER HOLIDAY	
<u>JANUARY 5</u> <b>STOUFFERS MACARONI &amp; CHEESE</b> W/ WHOLE GRAINS, 3/4C WHEAT DINNER ROLL, 1EA SWEET TENDER PEAS, 1/2 C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLES, 1EA	<u>JANUARY 6</u> <b>**NITRITE FREE** ALL BEEF HOT DOG ON ROLL, 2EA</b> CHILI, SHRED CHEDDAR CHEESE, KETCHUP GARDEN SALSA SUN CHIPS, 1EA SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA	<u>JANUARY 7</u> <b>ALL NEW BEEF SLOPPY JOES ,1/2C</b> WHEAT HAMBURGER ROLL, 1EA SWEET YELLOW CORN, 1/2C CHILLED APPLESAUCE, 3/8C TOSSED SALAD, 1/2C FRESH APPLE, 1EA	<u>JANUARY 8</u> <b>WG BREADED CHICKEN BITES , 5EA</b> W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	<u>JANUARY 9</u> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C OTIS SPUNKMEYER CHOCOLATE CHIP COOKIE, 2 EA	
<u>JANUARY 12</u> <b>BBQ BEEF ON WHEAT HAMBURGER ROLL, 1/2 - 1 EA</b> STEAMED GREEN BEANS, 1/2C PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORNAGE WEDGES, 2EA	<u>JANUARY 13</u> <b>FIESTA CHICKEN</b> DICED CHICKEN BREAST, SALSA, CORN, RED PEPPER, 1/2C WHOE GRAIN RICE, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8C	<u>JANUARY 14</u> <b>COUNTRY STYLE SALISBURY STEAK</b> W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1EA	<u>JANUARY 15</u> <b>WHL GRAIN SPAGHETTI PASTA W/BEEF &amp; TURKEY CRUMBLE MARINARA SAUCE, 3/4 C</b> WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	<u>JANUARY 16</u>  PROFESSIONAL DAY  NO SCHOOL  FOR STUDENTS	
<u>JANUARY 19</u>  MARTIN LUTHER  KING HOLIDAY	<u>JANUARY 20</u> <b>BONELESS CHICKEN BREAST CHUNKS, 4EA</b> KETCHUP/HONEY MUSTARD WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C DICED MIXED MELONS, 3/8C	<u>JANUARY 21</u> <b>ITALIAN MEATBALL SUB ,5 EA</b> SUB ROLL, 1 EA SHRED MOZZARELLA, 1OZ GRILLED PEPPERS & ONIONS GREEN BEANS, 1/2C FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2C PEACHES IN JUICE, 3/8C	<u>JANUARY 22</u> <b>MEXICAN NACHO FIESTA ,1/2C</b> ( BEEF CRUMBLES) SHRED CHEDDAR , 1OZ CORN TORTILLA CHIPS, 1/2C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C PEARS IN JUICE, 3/8C	<u>JANUARY 23</u> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C OTIS SPUNKMEYER SUGAR COOKIE, 2 EA	
<u>JANUARY 26</u> <b>ROASTED TERIYAKI CHICKEN STRIPS , 5 EA</b> BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD CHILLED DICED PEACHES IN JUICE, 3/8 C	<u>JANUARY 27</u> <b>BEEF HAMBURGER OR CHEESE BURGER, 1EA (3OZ)</b> WHEAT HAMBURGER BUN, 1EA W/ KETCHUP & PICKLE COINS TOSSED SALAD MIXED FRUIT IN JUICE, 3/8C	<u>JANUARY 28</u> <b>CHICKEN FAJITAS ,1/2C</b> SHRED CHEDDAR, 1OZ WM SOFT TORTILLAS, 2EA SALSA/SOUR CREAM/ SHRED LETTUCE, 1/2OZ MEXICAN RICE, 1/2C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8C	<u>JANUARY 29</u> <b>TURKEY CORN DOG NUGGETS ,6EA</b> W/ KETCHUP (100%)OVEN ROASTED POTATOES, 1/2C VEGGIE BAKED BEANS, 1/4C FRESH ORANGE WEDGES, 2PCS TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	<u>JANUARY 30</u>  PTO  PROVIDES  LUNCH FOR STUDENTS	

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal