

ST. THOMAS AQUINAS

JULY 2007

BK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY 2 CHICKEN PATTY SANDWICH, 1 EA ON A ROLL, 1 EA W/ HONEY MUSTARD FLAT BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	JULY 3 HAWAIIAN MEATBALLS, 5 EA MULTI GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	JULY 4 HAPPY 4TH OF JULY !!!	JULY 5 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	JULY 6 TOSSED SALAD, 1 EA HOME BAKED CHOCOLATE CHIP COOKIE, 1 EA
JULY 9 CHICKEN FINGERS W/CATSUP, 4 EA GREEN BEANS, 1/2 C DINNER ROLL, 1 EA VANILLA WAFERS, 6 EA CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	JULY 10 ENRICHED SHORT SPAGHETTI W/ MARINARA MEAT SAUCE, 3/4 C TOSSED SALAD W/CREAMY RANCH DRESSING, 1/2 C FRESH BANANA, 1 EA FRESH ORANGE WEDGES, 2 EA	JULY 11 SALISBURY STEAK W/GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	JULY 12 SANTA FE CHICKEN, 2 OZ W/ SHRED CHEDDAR CHEESE, 1/2 OZ SUB ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	JULY 13 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
JULY 16 CN-SNACK-ATIZERS POPCORN CHICKEN, 10 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C BREAD STICKS, 1 PKTS CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	JULY 17 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C	JULY 18 BEEF CHEESEBURGER, 1 EA CATSUP & PICKLE COINS SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C PINEAPPLE TIDBITS, 3/8 C	JULY 19 NACHO MEAT, 2 OZ (GRD BEEF & TURKEY) SHREDDED CHEDDAR, 1 OZ TORTILLA CHIPS, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	JULY 20 TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA
JULY 23 TERIYAKI CHICKEN STRIPS, 5 EA MULTI GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C FORTUNE COOKIE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEACHES, 3/8 C	JULY 24 ITALIAN MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 EA CHILLED APPLESAUCE, 1/4 C	JULY 25 CHICKEN BREAST SANDWICH, 1 EA SLICE CHEESE & CATSUP HAMBURGER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	JULY 26 TURKEY CORN DOG NUGGETS, 6 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	JULY 27 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
JULY 30 CHICKEN PATTY SANDWICH, 1 EA ON A ROLL, 1 EA W/ HONEY MUSTARD FLAT BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	JULY 31 HAWAIIAN MEATBALLS, 5 EA MULTI GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C			

Portions meet CACFP requirements for 6 to 12 year olds. All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal