

ST. THOMAS AQUINAS		JUNE 2012			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				JUNE 1 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
JUNE 4 NACHO MEAT, 2 OZ (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH ORANGE WEDGES, 2EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	JUNE 5 4" HORMEL HAM & CHEESE SUB, 1EA SHRED LETTUCE & TOMATO ON SIDE, 1/2C CHIPS, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH BANANA, 1 EA	JUNE 6 CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA SAVORY MASHED POTATOES, 1/2 C 100% WHOLE GRAIN BREAD, 1 SL CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C FRESH CANTALOUPE, 1SL	JUNE 7 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	JUNE 8 **COOK OUT** LEAN ALL BEEF BURGERS, 1EA CHEDDAR CHEESE, 1EA WHEAT HAMBURGER BUNS, 1EA BAKED BEANS, 1/4C POTATO SALAD, 1/2C BABY CARROTS W/ RANCH, 1/2C SLICED WATERMELON, 1SL FRESH: BAKED CHOC CHIP COOKIE, 1EA	
JUNE 11 HAVE	JUNE 12 A	JUNE 13 NICE	JUNE 14 SUMMER	JUNE 15 !!!!	
JUNE 18 SWIM	JUNE 19 RIDE BIKES	JUNE 20 GO TO FUN CAMPS	JUNE 21 ENJOY	JUNE 22 READ!!!!	
JUNE 25 SEE	JUNE 26 YOU	JUNE 27 NEXT	JUNE 28 YEAR	JUNE 29 HAVE A GREAT SUMMER!!!!	

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal