

ST. THOMAS AQUINAS		JUNE 2013			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
JUNE 3 FRESH CHICKEN ALFREDO, 3/4C WARM GARLIC BREAD, 1SL CARROT COINS, 1/2C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2C FRESH ORANGE WEDGES, 2EA	JUNE 4 SOUTH OF THE BORDER SOFT TACO'S TACO MEAT, 1/2C WM SOFT TORTILLAS, 2EA SALSA, SOUR CREAM SHRED CHEDDAR, 1OZ SHRED LETTUCE, 1/2C STEAMED GREEN BEANS, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8C	JUNE 5 SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA RED SKIN MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	JUNE 6 *CHIPOTLE* STYLE CHICKEN , 1/2C WM SOFT TORTILLA, 2 EA LO-FAT SHRED CHED , 1 OZ WHITE LIME RICE, 1/2C BLACK BEANS, PEPPERS & ONIONS SOUR CRM, SALSA FRUIT SALAD (MELONS & PINEAPPLE), 1/2 C TOSSED SALAD, 1/2 C DICED PEARS IN JUICE, 3/8C	JUNE 7 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
JUNE 10	JUNE 11	JUNE 12	JUNE 13	JUNE 14	
	SUMMER	VACATION	BEGINS	!!!!	
JUNE 17	JUNE 18	JUNE 19	JUNE 20	JUNE 21	
RIDE BIKES	SWIM	GO TO FUN CAMPS	FAMILY VACATION	READ!!!!	
JUNE 24	JUNE 25	JUNE 26	JUNE 27	JUNE 28	
SEE	YOU	NEXT	SCHOOL YEAR!!!!	THANK YOU FOR YOUR SUPPORT!!!	

All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal

