

ST. THOMAS AQUINAS		MARCH 2016			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>MARCH 1</b> <b>**NITRITE FREE** ALL CHICKEN HOT DOG ON ROLL</b> , 2 EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	<b>MARCH 2</b> <b>ALL NEW BEEF &amp; TURKEY SLOPPY JOES</b> , 1/2 C WHEAT HAMBURGER ROLL, 1 EA SWEET YELLOW CORN, 1/2 C LAY'S POTATO CHIPS, 1EA CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	<b>MARCH 3</b> <b>WG BREADED CHICKEN BITES</b> , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	<b>MARCH 4</b> <b>PIZZA DAY</b> TOSSED SALAD HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
<b>MARCH 7</b> <b>MINI WG CHEESE RAVIOLI</b> , 3/4C MOZZARELLA CHEESE, 1OZ WARM GARLIC BREAD, 1SL STEAMED GREEN BEANS, 1/2C CHILLED DICED PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGES, 2 EA	<b>MARCH 8</b> <b>CHICKEN BREAST TENDERS, GLUTEN FREE</b> , 4EA KETCHUP/HONEY MUSTARD FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	<b>MARCH 9</b> <b>STEAK &amp; CHEESE SUB</b> , 1EA WARM CREAMY CHEESE, 1OZ GRILLED PEPPERS & ONIONS, 1/2OZ KETCHUP PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	<b>MARCH 10</b> <b>WHL GRAIN SPAGHETTI PASTA W/BEEF &amp; TURKEY CRUMBLE MEAT MARINARA</b> , 3/4 C W/ PARM CHEESE, 1 OZ WARM GARLIC BREAD, 1SL, SWEET YELLOW CORN, 1/2C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	<b>MARCH 11</b> <b>PIZZA DAY</b> TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
<b>MARCH 14</b>  <b>PROFESSIONAL DAY</b>  <b>NO SCHOOL FOR STUDENTS</b>	<b>MARCH 15</b> <b>CREAMY MACARONI &amp; CHEESE</b> , 3/4 C WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8 C	<b>MARCH 16</b> <b>ITALIAN BEEF MEATBALL SUB</b> ,5 EA SUB ROLL, 1 EA SHRED MOZZARELLA CHEESE, 1 OZ PEPPERS & ONIONS GREEN BEANS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	<b>MARCH 17</b> <b>MEXICAN NACHO FIESTA</b> , 1/2 C ( BEEF CRUMBLES) SHRED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	<b>MARCH 18</b> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C HOME BAKED OATMEAL RAISIN COOKIE, 2 EA	
<b>MARCH 21</b> <b>ROASTED TERIYAKI CHICKEN STRIPS</b> , 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD CHILLED DICED PEACHES IN JUICE, 3/8 C	<b>MARCH 22</b> <b>LEAN BEEF CHEESEBURGER</b> ,1 EA NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH BANANA, 1EA	<b>MARCH 23</b> <b>CHICKEN FAJITAS</b> , 1/2 C SHRED CHEDDAR , 1 OZ WARM SOFT TORTILLAS, 2 EA SALSA & SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	<b>MARCH 24</b>  <b>NOON</b>  <b>DISMISSAL</b>	<b>MARCH 25</b>  <b>SPRING</b>  <b>BREAK!!!</b>	
<b>MARCH 28</b>  <b>SPRING</b>  <b>BREAK!!!</b>	<b>MARCH 29</b>  <b>SPRING</b>  <b>BREAK!!!</b>	<b>MARCH 30</b>  <b>SPRING</b>  <b>BREAK!!!</b>	<b>MARCH 31</b>  <b>SPRING</b>  <b>BREAK!!!</b>		

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal