

ST. THOMAS AQUINAS		MARCH 2020			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>MARCH 2</b> <b>CHICKEN SLIDERS ON ROLLS</b> , 2EA SLIDER ROLL, 2EA FANCY SHREDDED CHEDDAR CHEESE, 1OZ KETCHUP (NO HFC) STEAMED GREEN BEANS, 1/2 C MIXED FRUIT IN JUICE, 1/2C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 4EA	<b>MARCH 3</b> <b>CHICKEN TENDERS, GLUTEN FREE</b> , 4EA NO HFC KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/RANCH DIP, 1/2C FRESH APPLE, 1EA TOSSED SALADW/ RANCH, 1/2C ALL NATURAL APPLESAUCE, 1/2C	<b>MARCH 4</b> <b>SALISBURY STEAK W/ GRAVY</b> ,1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 1/2C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	<b>MARCH 5</b> <b>WHL GRAIN SPAGHETTI PASTA W/BEEF &amp; TURKEY CRUMBLE MEAT MARINARA</b> , 3/4 C W/ PARM CHEESE, 1 OZ SWEET YELLOW CORN, 1/2C PEARS IN JUICE, 1/2C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	<b>MARCH 6</b>  NOON  DISMISSAL	
<b>MARCH 9</b> <b>OVEN BAKED CHICKEN BREAST PATTY SANDWICH</b> , 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 1/2C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 4EA	<b>MARCH 10</b> <b>MACARONI &amp; CHEESE</b> , 1/2C <b>BONELESS NAE CHICKEN BREAST CHUNK WING DINGS</b> , 4EA NO HFC KETCHUP MIXED FRESH VEGETABLE W/RANCH DIP, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C PEARS IN JUICE, 1/2C	<b>MARCH 11</b> <b>MEXICAN NACHO FIESTA</b> , 1/2 C SHRED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C SOUR CREAM/SALSA SWEET YELLOW CORN, 1/2C TOSSED SALAD, 1/2 C PEARS IN JUICE, 1/2C	<b>MARCH 12</b> <b>ITALIAN BEEF MEATBALL SUB</b> ,5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GRILLED PEPPERS & ONIONS, 1/2OZ GREEN BEANS, 1/2 C PEACHES IN JUICE, 1/2C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	<b>MARCH 13</b>  NOON  DIMISSAL	
<b>MARCH 16</b>  <b>PROFESSIONAL DAY</b>  <b>NO SCHOOL FOR STUDENTS</b>	<b>MARCH 17</b> <b>LEAN BEEF CHEESEBURGER</b> ,1 EA WHEAT ROLL W/ NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD PEARS IN JUICE, 1/2C	<b>MARCH 18</b> <b>TURKEY CORN DOG NUGGETS, 6EA</b> NO HFC KETCHUP 100% OVEN ROASTED POTATOES, 1/2C FRESH ORANGE WEDGES, 4EA TOSSED SALAD, 1/2 C MANDARIN ORANGES IN JUICE, 1/2C	<b>MARCH 19</b> <b>CHICKEN FAJITAS NAE</b> , 1/2 C SHRED CHEDDAR , 1 OZ WARM TORTILLAS, 2 EA SALSA/SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 1/2C	<b>MARCH 20</b> <b>PIZZA DAY</b> TOSSED SALAD FRESH BAKED DOUBLE CHOCOLATE COOKIE, 2 EA	
<b>MARCH 23</b> <b>BEEF SLIDERS ON BUNS, 2EA</b> NO HFC KETCHUP STEAMED GREEN BEANS, 1/2C ALL NATURAL APPLESAUCE, 1/2C TOSSED SALAD, 1/2 C PEARS IN JUICE, 1/2C	<b>MARCH 24</b> <b>ALL BEEF HOT DOG ON ROLL</b> ,2 EA CHILI, QUESO CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 1/2C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	<b>MARCH 25</b> <b>NAE WG BREADED CHICKEN NUGGETS</b> , 6EA W/ KETCHUP/HONEY MUSTARD CAESAR SALAD W/ DRESSING & PARMESAN, 1/2C MANDARIN ORANGES, 1/2C TOSSED SALAD FRESH ORANGE WEDGES, 4EA	<b>MARCH 26</b> <b>CHEESEBURGER MEATLOAF</b> , 1EA WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/2 C ALL NATURAL APPLESAUCE, 1/2 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	<b>MARCH 27</b> <b>JUST NOTIFIED</b>  NOON  DISMISSAL  <b>ALL ORDERS PLACED WILL BE REFUNDED BY FFS IT - THANK YOU</b>	
<b>MARCH 30</b> <b>CHICKEN SLIDERS ON ROLLS</b> , 2EA SLIDER ROLL, 2EA FANCY SHREDDED CHEDDAR CHEESE, 1OZ KETCHUP (NO HFC) STEAMED GREEN BEANS, 1/2 C MIXED FRUIT IN JUICE, 1/2C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 4EA	<b>MARCH 31</b> <b>CHICKEN TENDERS, GLUTEN FREE</b> , 4EA NO HFC KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/RANCH DIP, 1/2C FRESH APPLE, 1EA TOSSED SALADW/ RANCH, 1/2C ALL NATURAL APPLESAUCE, 1/2C				

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal

