

**ST. THOMAS AQUINAS** **MAY 2011** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MAY 2</b>                      WHOLE WHEAT FRENCH TOAST STICKS W/ SYRUP, 3EA                      SOUTHERN HOME FRIES W/ RED SKIN POTATO &amp; ONIONS, 1/2C                      SCRAMBLED EGG, 1/2C                      TURKEY SAUSAGE LINKS, 3EA                      CHILLED DICED PEACHES, 3/8 C                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8C</p>	<p><b>MAY 3</b>  <b>SOUTH OF THE BORDER</b> SOFT BEEF TACOS, 1/3C                      WARM TORTILLAS, 2EA                      REFRIED BEANS, 1/4C                      MEXICAN RICE, 1/4C                      SWEET YELLOW CORN, 1/2C                      MIXED FRUIT, 1/2C                      TOSSED SALAD, 1/2 C                      FRESH BANANA, 1EA</p>	<p><b>MAY 4</b>                      CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA                      SAVORY MASHED POTATOES, 1/2 C                      WHOLE WHEAT BREAD, 1 SL                      CHILLED APPLESAUCE, 1/2 C                      TOSSED SALAD W/ RANCH, 1/2 C                      APPLE, 1 EA  <b>K1/2 NO LUNCH</b></p>	<p><b>MAY 5</b>                      CREAMY MACARONI &amp; CHEESE, 1/2C                      BONELESS CHICKEN BREAST CHUNKS, 3EA                      W/ KETCHUP                      STREAMED GREEN BEANS, 1/2C                      CHILLED DICED PEARS, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH ORANGE WEDGES, 2 EA</p>	<p><b>MAY 6</b>                       NOON                       DISMISSAL</p>
<p><b>MAY 9</b>                      CHICKEN ALFREDO PENNE PASTA W/ CREAMY ALFREDO SAUCE &amp; DICED BREAST OF CHICKEN                      GARLIC BREAD, 1EA                      GREEN BEANS, 1/2C                      CHILLED DICED PEARS, 3/8C                      TOSSED SALAD, 1/2C                      MIXED FRUIT, 3/8C</p>	<p><b>MAY 10</b>                      ALL NATURAL OVEN ROASTED TURKEY BREAST SANDWICH ON 100% WHOLE WHEAT, 1EA                      LETTUCE , TOMATO, PICKLE ON SIDE, 1/2C                      BAKED LAYS, 1EA                      APPLESAUCE, 3/8C                      TOSS SALAD W/ RANCH, 1/2 C                      FRESH APPLE, 1 EA   <b>6A/B FIELD TRIP</b></p>	<p><b>MAY 11</b>                      SALISBURY STEAK W/ LO-SODIUM GRAVY, 1 EA                      OVEN ROASTED POTATO, 1/2C                      WHEAT DINNER ROLL, 1 EA                      PINEAPPLE TIDBITS, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH SLICED CANTALOUPE, 1SL</p>	<p><b>MAY 12</b>                      WHL GRAIN SPAGHETTI PASTA W/MEAT MARINARA                      W/ MARINARA MEAT SAUCE, 3/4 C                      TOSSED SALAD W/ RANCH, 1/2 C                      FRESH BANANA, 1 EA                      FRESH ORANGE WEDGES, 2 PCS                      SWEET TENDER PEAS, 1/2 C</p>	<p><b>MAY 13</b>                      PIZZA DAY                      TOSSED SALAD                      HOME BAKED SUGAR COOKIE, 2 EA  <b>8 A/B FIELD TRIP</b>  <b>4 A/B NO LUNCH</b></p>
<p><b>MAY 16</b>                      BAKED CHICKEN PATTY SANDWICH, 1 EA                      ON A ROLL W/ CATSUP, 1 EA                      SWEET TENDER PEAS, 1/2 C                      CHILLED APPLESAUCE, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH APPLE, 1 EA</p>	<p><b>MAY 17</b>                      MACARONI &amp; CHEESE, 3/4 C                      WHEAT DINNER ROLL, 1 EA                      MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C                      FRESH BANANA, 1 EA                      TOSSED SALAD, 1/2 C                      CHILLED MIXED FRUIT, 3/8 C  <b>5A/B FILED TRIP</b></p>	<p><b>MAY 18</b>                      ITALIAN TURKEY MEATBALL SUB, 5 EA                      SUB ROLL, 1 EA                      SHREDDED MOZZARELLA CHEESE, 1 OZ                      SWEET YELLOW CORN, 1/2 C                      FRESH ORANGE WEDGES, 2 PCS                      TOSSED SALAD                      PINEAPPLE TIDBITS, 3/8 C  <b>2A/B NO LUNCH</b></p>	<p><b>MAY 19</b>                      NACHO MEAT, 2 OZ ( BEEF CRUMBLES)                      LO-FAT SHREDDED CHEDDAR , 1 OZ                      CORN TORTILLA CHIPS, 1/2 C                      BABY CARROTS W/DIP, 1/2 C                      PINEAPPLE TIDBITS, 3/8C                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8 C  <b>2A/B FIELD TRIP</b></p>	<p><b>MAY 20</b>                      PIZZA DAY                      TOSSED SALAD, 1/2 C                      HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA</p>
<p><b>MAY 23</b>                      TERIYAKI CHICKEN STRIPS, 5 EA                      BRN WHL GRAIN RICE, 1/2 C                      BABY CARROTS W/DIP, 1/2 C                      CHILLED DICED PEARS, 3/8 C</p>	<p><b>MAY 24</b>                      LEAN BEEF CHEESEBURGER , 1 EA                      W/ KETCHUP, MUSTARD &amp; PICKLES                      SWEET YELLOW CORN, 1/2C                      FRESH BANANA, 1EA                      TOSSED SALAD                      CHILLED MIXED FRUIT, 3/8 C</p>	<p><b>MAY 25</b>  <b>**CHICKEN FAJITAS**</b>, 2OZ                      WARM SOFT TORTILLAS, 2EA                      SHRED CHEDDAR, 1OZ                      SOUR CREAM, SALSA, SHRED LETTUCE                      GREEN BEANS, 1/2 C                      FRESH APPLE, 1EA                      TOSSED SALAD                      CHILLED APPLESAUCE, 3/8C</p>	<p><b>MAY 26</b>  <b>*COOK OUT*</b>                      BBQ CHICKEN LEGS FRESH OFF THE GRILL, 2EA                      BAKED BEANS, 1/4C                      POTATO SALAD, 1/2C                      BABY CARROTS W/ RANCH, 1/2C                      FRESH WATERMELON, 1SL                      FRESH: BAKED CHOC CHIP COOKIE, 1EA</p>	<p><b>MAY 27</b>                      PIZZA DAY                      TOSSED SALAD                      HOME BAKED SUGAR COOKIE, 2 EA  <b>BAND FIELD TRIP</b></p>
<p><b>MAY 30</b>                       MEMORIAL DAY                       HOLIDAY !!!</p>	<p><b>MAY 31</b>                      4" HORMEL HAM &amp; CHEESE SUB, 1EA                      SHRED LETTUCE &amp; TOMATO ON SIDE, 1/2C                      FRESH BABY CARROTS W/ RANCH, 1/2C                      FRESH APPLE, 1EA                      TOSSED SALAD, 1/2 C                      CHILLED APPLESAUCE, 3/8C</p>			

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal