

ST. THOMAS AQUINAS		MAY 2012			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>MAY 1</b> <b>**NITRITE FREE**</b> ALL BEEF HOT DOG ON ROLL, 2EA CHILI & CHEESE & KETCHUP CHIPS, 1/2 C SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD PINEAPPLE TIDBITS, 3/8C	<b>MAY 2</b> WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE, 3/4C WARM GARLIC BREAD, 1SL 5-WAY MIX VEGGIE, 1/2C FRESH APPLE, 1EA TOSSED SALAD CHILLED APPLESAUCE, 3/8C <u><b>K1 &amp; 2 NO LUNCH</b></u>	<b>MAY 3</b> GENERAL TSO CHICKEN, 4EA JASMINE RICE, 1/2C FRESH SAUTEED GREEN BEANS, 1/2C CHILLED PEARS, 3/8 C TOSSED SALAD W/ RANCH, 1/2 C FRESH ORNAGE WEDGES, 2EA	<b>MAY 4</b>  <b>NOON</b>  <b>DISMISSAL</b>	
<b>MAY 7</b> <b>**SOUTH OF THE BORDER**</b> SOFT BEEF TACOS, 2OZ SOFT WARM TORTILLAS, 2EA LO-FAT SHRED CHEDDAR, 1OZ SOUR CREAM/SALSA MEXICAN RICE, 1/2C CHILLED DICED PEARS, 1/2 C TOSSED SALAD, 1/2 C MIXED FRUIT IN JUICE, 3/8C	<b>MAY 8</b> CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA WHOLE WHEAT BREAD, 1 SL SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	<b>MAY 9</b> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C DINNER ROLL, 1 EA FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	<b>MAY 10</b> 4" HORMEL HAM & CHEESE SUB, 1EA SHRED LETTUCE & TOMATO ON SIDE, 1/2C CHIPS, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH BANANA, 1 EA FRESH ORANGE WEDGES, 2 PCS	<b>MAY 11</b> PIZZA DAY TOSSED SALAD, 1/2C HOMEBAKED OATMEAL RAISIN COOKIE, 2EA <u><b>4A &amp; B NO LUNCH</b></u>	
<b>MAY 14</b> OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA ON A ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	<b>MAY 15</b> MACARONI & CHEESE W/ WHOLE GRAINS, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C	<b>MAY 16</b> LEAN BEEF CHEESEBURGER , 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD PINEAPPLE TIDBITS, 3/8 C PICKLE COINS, 2 EA <u><b>2A &amp; B NO LUNCH</b></u>	<b>MAY 17</b> NACHO MEAT, 2 OZ ( BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	<b>MAY 18</b> PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA <u><b>8A &amp; B NO LUNCH</b></u>	
<b>MAY 21</b> TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD CHILLED DICED PEACHES, 3/8 C	<b>MAY 22</b> LEAN BEEF CHEESEBURGER , 1 EA W/ KETCHUP, PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD PINEAPPLE TIDBITS, 3/8 C	<b>MAY 23</b> <b>**CHICKEN FAJITAS**</b> , 2OZ WARM SOFT TORTILLAS, 2EA SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA, SHRED LETTUCE GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD CHILLED APPLESAUCE, 3/8C	<b>MAY 24</b> TURKEY CORN DOG NUGGETS, 6 EA W/ KETCHUP BAKED BEANS, 1/4C FRESH VEGGIE TRIO W/ RANCH, 1/2 C MIXED FRUIT, 3/8C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	<b>MAY 25</b>  <b>NOON</b>  <b>DISMISSAL</b>	
<b>MAY 28</b> <b>MEMORIAL DAY</b>	<b>MAY 29</b> HAWAIIAN BEEF & TURKEY MEATBALLS, 5 EA BRN WHL GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	<b>MAY 30</b> <b>*COOK OUT*</b> BBQ CHICKEN LEGS FRESH OFF THE GRILL, 2EA BAKED BEANS, 1/4C POTATO SALAD, 1/2C BABY CARROTS W/ RANCH, 1/2C FRESH CANTALOUPE, 1SL FRESH: BAKED CHOC CHIP COOKIE, 1EA	<b>MAY 31</b> CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA SAVORY MASHED POTATOES, 1/2 C 100% WHOLE GRAIN BREAD, 1 SL CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C APPLE, 1 EA		

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal