

ST. THOMAS AQUINAS		MAY 2014			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			MAY 1 TURKEY BURGER ON WHEAT HAMBURGER ROLL, 1EA W/ KETCHUP VEGETARIAN BAKED BEANS, 1/2C FRESH CANTALOUPE, 1SL TOSSED SALAD W/ RANCH, 1/2 C CHILLED DICED MIXED FRUIT, 3/8C	MAY 2 NOON DISMISSAL	
MAY 5 BBQ BEEF ON WHEAT HAMBURGER ROLL, 1/2 - 1 EA STEAMED GREEN BEANS, 1/2C CHILLED DICED PEARS, 1/2 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	MAY 6 SOUTH OF THE BORDER BEEF TACO MEAT, 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP SEEDLESS GRAPES, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8	MAY 7 COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA RED SKIN MACHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	MAY 8 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MARINARA SAUCE, 3/4 C WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	MAY 9 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
MAY 12 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	MAY 13 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 3/4 C WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C	MAY 14 ITALIAN ALL BEEF MEATBALL SUB , 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GRILLED ONIONS & PEPPERS FRESH SAUTEED GREEN BEANS, 1/2 C FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2 EA DICED PEACHES IN JUICE, 3/8C	MAY 15 MEXICAN NACHO FIESTA ,1/2 C (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH FRUIT SALAD TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	MAY 16 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA <u>4A/B PUBLIC TIMES NO LUNCH</u>	
MAY 19 GENERAL TSO CHIKCEN , 4EA JASMINE RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD FRESH APPLES, 1EA	MAY 20 LEAN BEEF CHEESEBURGER , 1 EA (3OZ) W/ KETCHUP & PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C FRESH BANANA, 1EA TOSSED SALAD CHILLED MIXED FRUIT, 3/8 C	MAY 21 CHICKEN FAJITAS , 1/2 C SHRED CHED , 1OZ WM SOFT TORTILLAS, 2EA SALSA/ SOUR CREAM, 1/2 OZ GRILLED ONIONS & PEPPERS GREEN BEANS, 1/2C DICED MELONS, 3/8C TOSSED SALAD, 1/2C APPLESAUCE, 3/8C <u>2A/B NO LUNCH</u>	MAY 22 TURKEY CORN DOG NUGGETS ,6 EA W/ KETCHUP (100%)OVEN ROASTED POTATOES, 1/2C VEGGIE BAKED BEANS, 1/4C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8C	MAY 23 NOON DISMISSAL	
MAY 26 MEMORIAL DAY HOLIDAY !!	MAY 27 **NITRITE FREE** BEEF HOT DOG ON ROLL , 2EA CHILI, SHRED CHED, KETCHUP SUN CHIPS, 1EA SWEET YELLOW CORN, 1/2C BANANA, 1SL TOSSED SALAD, 1/2 C PEACHES IN JUICE, 3/8C <u>8A/B FIELD TRIP</u>	MAY 28 **BRKFAST FOR LUNCH ** FRENCH TOAST STICKS W/ SYRUP, 4EA TURKEY SAUSAGE PATTY, 2EA DANIMALS VANILLA YOGURT, 1EA APPLESAUCE, 3/8C TOSSED SALAD, 1/2C SEEDLESS GRAPES, 3/8C <u>8A/B, 5A/B- FIELD TRIP- K1/2 NO LUNCH</u>	MAY 29 WHOLE GRAIN BREADED CHICKEN NUGGETS , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA FRESH ORANGE WEDGES, 2EA TOSSED SALAD FRESH CANTALOUPE, 1SL	MAY 30 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA <u>3A/B NO LUNCH</u>	

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal