

ST. THOMAS AQUINAS		MAY 2015			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				MAY 1	NOON DISMISSAL
MAY 4 WHOLE GRAIN BREAD POLLOCK FISH WEDGE, 1EA KETCHUP WHEAT DINNER ROLL, 1EA STEAMED GREEN BEANS, 1/2C PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2EA	MAY 5 CHICKEN BREAST TENDERS, GLUTEN FREE, 3EA KETCHUP/HONEY MUSTARD CARROT COINS, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	MAY 6 COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1EA	MAY 7 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MARINARA SAUCE, 3/4 C WARM GARLIC BREAD, 1SL SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	MAY 8 PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
MAY 11 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	MAY 12 CREAMY MACARONI & CHEESE , 3/4 C WHEAT DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED PEARS IN JUICE, 3/8 C	MAY 13 ITALIAN MEATBALL SUB ,5 EA SUB ROLL, 1 EA SHRED MOZZARELLA, 1OZ GRILLED PEPPERS & ONIONS GREEN BEANS, 1/2C FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2C PEACHES IN JUICE, 3/8C	MAY 14 MEXICAN NACHO FIESTA ,1/2C (BEEF CRUMBLES) SHRED CHEDDAR , 1OZ CORN TORTILLA CHIPS, 1/2C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C PEARS IN JUICE, 3/8C	MAY 15 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
MAY 18 ROASTED TERIYAKI CHICKEN STRIPS , 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD CHILLED DICED PEACHES IN JUICE, 3/8 C	MAY 19 BEEF HAMBURGER OR CHEESE BURGER, 1EA (3OZ) WHEAT HAMBURGER BUN, 1EA W/ KETCHUP & PICKLE COINS SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD MIXED FRUIT IN JUICE, 3/8C	MAY 20 CHICKEN FAJITAS ,1/2C SHRED CHEDDAR, 1OZ WM SOFT TORTILLAS, 2EA SALSA/SOUR CREAM/ SHRED LETTUCE, 1/2OZ MEXICAN RICE, 1/2C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8C	MAY 21 TURKEY CORN DOG NUGGETS ,6EA W/ KETCHUP (100%)OVEN ROASTED POTATOES, 1/2C VEGGIE BAKED BEANS, 1/4C FRESH ORANGE WEDGES, 2PCS TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	MAY 22 NOON DISMISSAL	
MAY 25 MEMORIAL DAY HOLIDAY !!	MAY 26 **NITRITE FREE** ALL BEEF HOT DOG ON ROLL, 2EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP GARDEN SALSA SUN CHIPS, 1EA CARROT COINS, 1/2C FRESH BANANA, 1EA TOSSED SALAD, 1/2C PEACHES IN JUICE, 3/8C	MAY 27 **BRKFAST FOR LUNCH ** FRENCH TOAST STICKS W/ SYRUP, 4EA TURKEY SCRAMBLED EGGS, 1/2C SAUSAGE PATTY, 2EA DANIMALS VANILLA YOGURT, 1EA APPLESAUCE, 3/8C TOSSED SALAD, 1/2C FRESH APPLE, 1EA	MAY 28 WG BREADED CHICKEN BITES , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	MAY 29 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	

All alternates discussed on an individual basis as needed. Specializing in Day Care and School Lunch Programs and Business and Office Luncheons 8 oz milk required with each meal				