

ST. THOMAS AQUINAS		MAY 2016			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAY 2 MINI WG CHEESE RAVIOLI , 3/4C MOZZARELLA CHEESE, 1OZ WARM GARLIC BREAD, 1SL STEAMED GREEN BEANS, 1/2C CHILLED DICED PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGES, 2 EA	MAY 3 CHICKEN BREAST TENDERS, GLUTEN FREE, 4EA KETCHUP/HONEY MUSTARD FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	MAY 4 COUNTRY STYLE SALISBURY STEAK W/GRAVY , 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C	MAY 5 WHL GRAIN SPAGHETTI PASTA W/ MARINARA ,3/4 MEATBALLS W/ MARINARA , 5EA PARMESAN CHEESE WARM GARLIC BREAD, 1EA SWEET YELLOW CORN, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	MAY 6 NOON DISMISSAL	
MAY 9 MINI WG CHEESE RAVIOLI , 3/4C MOZZARELLA CHEESE, 1OZ WARM GARLIC BREAD, 1SL STEAMED GREEN BEANS, 1/2C ALL NATURAL APPLESAUCE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGES, 2 EA	MAY 10 CREAMY MACARONI & CHEESE , 1/2 C BONELESS CHICKEN BREAST CHUNK WING DINGS , 4EA NO HFC KETCHUP MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED PEARS JUICE, 3/8 C	MAY 11 ITALIAN BEEF MEATBALL SUB ,5 EA SUB ROLL, 1 EA SHRED MOZZARELLA CHEESE, 1 OZ PEPPERS & ONIONS GREEN BEANS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	MAY 12 MEXICAN NACHO FIESTA ,1/2 C SHREDDED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C SALSA/SOUR CREAM BABY CARROTS W/DIP, 1/2 C ALL NATURAL APPLESAUCE, 1/2C TOSSED SALAD, 1/2 C FRESH FRUIT SALAD (MELONS & PINEAPPLE), 1/2C	MAY 13 NOON DISMISSAL	
MAY 16 GENERAL TSO CHICKEN , 4EA BRN WHL GRAIN RICE, 1/2 C NO HFC KETCHP BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD FRESH APPLE, 1EA	MAY 17 LEAN BEEF CHEESEBURGER ,1 EA NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C CHILLED MIXED FRUIT, 3/8C TOSSED SALAD FRESH BANANA, 1EA	MAY 18 CHICKEN FAJITAS , 1/2 C SHREDDED CHEDDAR , 1 OZ WARM SOFT TORTILLAS, 2 EA SALSA & SOUR CREAM, 1/2 OZ FRESH SAUTEED GREEN BEANS, 1/2 C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE 3/8 C	MAY 19 TURKEY CORN DOG NUGGETS ,6 EA W/ NO HFC KETCHUP OVEN ROASTED POTATOES, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	MAY 20 PIZZA DAY TOSSED SALAD HOME BAKED OATMEAL RAISIN COOKIE, 2 EA	
MAY 23 CREAMY MACARONI & CHEESE , 3/4 C WHEAT DINNER ROLL, 1 EA 5-WAY HOT SWEET TENDER PEAS, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2EA	MAY 24 **NITRITE FREE** ALL CHICKEN HOT DOG ON ROLL , 2 EA CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	MAY 25 BREAKFAST FOR LUNCH!! WG BUTTERMILK PANCAKES, 2EA SYRUP VANILLA YOGURT, 3/4C TURKEY SAUSAGE PATTY, 2EA CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C FRESH APPLE, 1 EA	MAY 26 WG BREADED CHICKEN BITES , 5EA W/ KETCHUP/HONEY MUSTARD CAESAR SALADW/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	MAY 27 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
MAY 30 MEMORIAL DAY HOLIDAY!!!	MAY 31 BEEF TACO , 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8				

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal