

ST. THOMAS AQUINAS		MAY 2017			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>MAY 1</b> <b>OVEN FRIED DRUMSTICK, 1EA</b> STEAMED GREEN BEANS, 1/2C ORANGE WEDGES, 2EA TOSSED SALAD W/ RANCH, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C	<b>MAY 2</b> <b>CHICKEN BREAST TENDERS,</b> <b>GLUTEN FREE, 4EA</b> KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	<b>MAY 3</b> <b>COUNTRY STYLE SALISBURY STEAK</b> <b>W/GRAVY, 1 EA</b> SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	<b>MAY 4</b> <b>WHL GRAIN SPAGHETTI PASTA</b> <b>W/BEEF MEAT MARINARA , 3/4 C</b> W/ PARM CHEESE, 1 OZ WARM GARLIC BREAD, 1SL, SWEET YELLOW CORN, 1/2C PEARS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1EA	<b>MAY 5</b>  <b>NOON</b>  <b>DISMISSAL</b>	
<b>MAY 8</b> <b>OVEN BAKED CHICKEN BREAST</b> <b>PATTY SANDWICH , 1 EA</b> WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 3EA	<b>MAY 9</b> <b>MACARONI &amp; CHEESE, 1/2C</b> <b>BONELESS CHICKEN BREAST</b> <b>CHUNK WING DINGS , 4EA</b> NO HFC KETCHUP MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8 C	<b>MAY 10</b> <b>MEXICAN BEEF NACHO FIESTA,</b> <b>1/2 C</b> SHRED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C SOUR CREAM/SALSA BABY CARROTS W/DIP, 1/2 C TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	<b>MAY 11</b> <b>ITALIAN BEEF MEATBALL SUB ,5 EA</b> SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ PEPPERS & ONIONS, 1/2OZ GREEN BEANS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD, 1/2 EA FRESH CANTALOUPE, 1SL	<b>MAY 12</b>  <b>NOON</b>  <b>DISMISSAL</b>	
<b>MAY 15</b> <b>ROASTED TERIYAKI CHICKEN</b> <b>STRIPS, 5 EA</b> BRN WHL GRAIN RICE, 1/2C EGG ROLL W/ DIPPING SAUCE, 1EA BABY CARROTS W/DIP, 1/2 C DICED PEARS IN JUICE, 3/8 C TOSSED SALAD FRESH APPLE, 1EA	<b>MAY 16</b> <b>LEAN BEEF CHEESEBURGER ,1 EA</b> WHEAT ROLL W/ NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2C FRESH BANANA, 1EA TOSSED SALAD MIXED FRUIT IN JUICE, 3/8C	<b>MAY 17</b> <b>TURKEY CORN DOG NUGGETS ,6 EA</b> W/ NO HFC KETCHUP 100% OVEN ROASTED POTATOES, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	<b>MAY 18</b> <b>CHICKEN FAJITAS, 1/2 C</b> SHRED CHEDDAR , 1 OZ WARM TORTILLAS, 2 EA SALSA/SOUR CREAM, 1/2 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD, 1/2 C ALL NATURAL APPLESAUCE, 3/8 C	<b>MAY 19</b> <b>PIZZA DAY</b> TOSSED SALAD FRESH BAKED OATMEAL RAISIN COOKIE, 2 EA	
<b>MAY 22</b> <b>BEEF MEATBALLS &amp;</b> <b>GRAVY, 5EA</b> BUTTERED PASTA, 1/2C FRESH BABY CARROTS W/ DIP, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C PEARS IN JUICE, 3/8C	<b>MAY 23</b> <b>**NITRITE FREE** ALL CHICKEN HOT</b> <b>DOG ON ROLL , 2 EA</b> CHILI, SHRED CHEDDAR CHEESE, KETCHUP CARROT COINS, 1/2 C PEACHES IN JUICE, 3/8C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1EA	<b>MAY 24</b> <b>WG BREADED CHICKEN NUGGETS ,</b> <b>5EA</b> W/ KETCHUP/HONEY MUSTARD CAESAR SALAD W/ DRESSING & PARMESAN, 1/2C WHEAT DINNER ROLL, 1EA MIXED FRUIT IN JUICE, 3/8C TOSSED SALAD FRESH ORANGE WEDGES, 2EA	<b>MAY 25</b> <b>CHICKEN SLIDERS ON ROLLS , 2EA</b> SLIDER ROLL, 2EA SLICE CHEESE, 1EA KETCHUP (NO HFC) SWEET YELLOW CORN, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	<b>MAY 26</b> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
<b>MAY 29</b>  <b>MEMORIAL DAY HOLIDAY!!</b>	<b>MAY 30</b> <b>CHICKEN BREAST TENDERS,</b> <b>GLUTEN FREE, 4EA</b> KETCHUP/HONEY MUSTARD WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS W/ RANCH, 1/2C FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED ALL NATURAL APPLESAUCE, 3/8C	<b>MAY 31</b> <b>NEW STEAK &amp; CHEESE SUB , 1/2C</b> SUB ROLL, 1EA SHRED MOZZARELLA, 1OZ GRILLED PEPPERS & ONIONS, 1/2OZ NACHO DORITOS, 1EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL			

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal