

ST. THOMAS AQUINAS

NOVEMBER 2007

BK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			NOVEMBER 1 NACHO MEAT, 2 OZ (GRD BEEF & TURKEY) SHREDDED CHEDDAR , 1 OZ TORTILLA CHIPS, 1/2 C SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	NOVEMBER 2 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
NOVEMBER 5 TERIYAKI CHICKEN STRIPS, 5 EA MULTI GRAIN RICE, 1/2 C SWEET TENDER PEAS, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA	NOVEMBER 6 BEEF CHEESEBURGER , 1 EA CATSUP & PICKLE COINS MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C	NOVEMBER 7 CHICKEN STRIPS W/ GRAVY 3/4 C MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C APPLESAUCE, 3/8 C	NOVEMBER 8 SPAGHETTI W/ MARINARA MEAT SAUCE, 3/4 C DINNER ROLL, 1EA FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	NOVEMBER 9 TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA
NOVEMBER 12 NOON DISMISSAL NO LUNCH	NOVEMBER 13 NOON DISMISSAL NO LUNCH	NOVEMBER 14 NOON DISMISSAL NO LUNCH	NOVEMBER 15 CHICKEN POPCORN, 10 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	NOVEMBER 16 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA
NOVEMBER 19 CHICKEN NUGGETS, 6 EA W/ CATSUP GREEN BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	NOVEMBER 20 MACARONI & CHEESE, 3/4 C DINNER ROLL, 1EA FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	NOVEMBER 21 HAPPY THANKSGIVING !!	NOVEMBER 22 HAPPY THANKSGIVING !!!	NOVEMBER 23 HAPPY THANKSGIVING !!!
NOVEMBER 26 CHICKEN FINGERS W/CATSUP, 4 EA GREEN BEANS, 1/2 C DINNER ROLL, 1 EA VANILLA WAFERS, 6 EA CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	NOVEMBER 27 HOT DOG ON A BUN, 2 EA W/ CHILI & CHEESE & CATSUP TOSSED SALAD W/CREAMY RANCH DRESSING, 1/2 C FRESH BANANA, 1 EA SWEET PEAS, 1/2C FRESH ORANGE WEDGES, 2 EA	NOVEMBER 28 SALISBURY STEAK W/GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 EA FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	NOVEMBER 29 NACHO MEAT, 2 OZ (GRD BEEF & TURKEY) SHREDDED CHEDDAR , 1 OZ TORTILLA CHIPS, 1/2 C SWEET YELLOW CORN, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	NOVEMBER 30 TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA

Portions meet CACFP requirements for 6 to 12 year olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal