

**ST. THOMAS AQUINAS**

**NOVEMBER 2008**

**BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NOVEMBER 3</b>                      CN-SNACK-ATIZERS POPCORN                      CHICKEN, 10 EA                      W/ CATSUP                      SWEET TENDER PEAS, 1/2 C                      BREAD STICKS, 1 PKTS                      CHILLED APPLESAUCE, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH APPLE, 1 EA                       3RD GRADE 3A/B                      FIELD TRIP</p>	<p><b>NOVEMBER 4</b>                      MACARONI &amp; CHEESE, 3/4 C                      DINNER ROLL, 1 EA                      MIXED VEGETABLE TRIO W/CREAMY                      RANCH DIP, 1/2 C                      FRESH BANANA, 1 EA                      TOSSED SALAD, 1/2 C                      CHILLED MIXED FRUIT, 3/8 C</p>	<p><b>NOVEMBER 5</b>                      BEEF CHEESEBURGER, 1 EA                      W/ CATSUP                      SWEET YELLOW CORN, 1/2 C                      FRESH ORANGE WEDGES, 2 PCS                      TOSSED SALAD, 1/2 C                      PINEAPPLE TIDBITS, 3/8 C</p>	<p><b>NOVEMBER 6</b>                      NACHO MEAT, 2 OZ                      (SOY &amp; BEEF CRUMBLES)                      LO-FAT SHREDDED CHEDDAR, 1 OZ                      TORTILLA CHIPS, 1/2 C                      BABY CARROTS W/DIP, 1/2 C                      FRESH APPLE, 1 EA                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8 C</p>	<p><b>NOVEMBER 7</b>                       NOON                       DISMISSAL</p>
<p><b>NOVEMBER 10</b>                       NOON                      DISMISSAL                       PARENT/TEACHER                      CONFERENCE</p>	<p><b>NOVEMBER 11</b>                       NOON                      DISMISSAL                       PARENT/TEACHER                      CONFERENCE</p>	<p><b>NOVEMBER 12</b>                       NOON                      DISMISSAL                       PARENT/TEACHER                      CONFERENCE</p>	<p><b>NOVEMBER 13</b>                      TURKEY CORN DOG NUGGETS, 6 EA                      W/ CATSUP                      SWEET TENDER PEAS, 1/2 C                      FRESH ORANGE WEDGES, 2 EA                      TOSSED SALAD, 1/2 C                      FRESH BANANA, 1 EA</p>	<p><b>NOVEMBER 14</b>                      PIZZA DAY                      TOSSED SALAD                      HOME BAKED SUGAR COOKIE, 2 EA</p>
<p><b>NOVEMBER 17</b>                      CHICKEN PATTY SANDWICH, 1 EA                      W/ AMER CHEESE &amp; HONEY                      MUSTARD                      GREEN BEANS, 1/2 C                      CHILLED DICED PEACHES, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH BANANA, 1 EA</p>	<p><b>NOVEMBER 18</b>                      HAWAIIAN MEATBALLS, 5 EA                      BRN WHL GRAIN RICE, 1/2 C                      FRESH BABY CARROTS W/RANCH                      DIP, 1/2 C                      PINEAPPLE TIDBITS, 3/8 C                      TOSSED SALAD, 1/2 C                      CHILLED DICED PEARS, 3/8 C</p>	<p><b>NOVEMBER 19</b>                      CN - WHOLE GRAIN BREADED                      CHICKEN NUGGETS W CATSUP, 5 EA                      SAVORY MASHED POTATOES, 1/2 C                      WHOLE WHEAT BREAD, 1 SL                      CHILLED APPLESAUCE, 1/2 C                      TOSSED SALAD                      W/ RANCH, 1/2C                      FRESH APPLES, 1EA</p>	<p><b>NOVEMBER 20</b>                      TURKEY W/ GRAVY, 2SL                      MASHED POTATO, 1/2C                      TOSSED SALAD W/ DRESSING, 1/2C                      CRANBERRY SAUCE, 1OZ                      DINNER ROLL W/ MARG PATTY, 1EA                      FR: BAKED CHOC CHIP COOKIE, 1EA</p>	<p><b>NOVEMBER 21</b>                      PIZZA DAY                      TOSSED SALAD, 1/2 C                      HOME BAKED CHOCOLATE CHIP                      COOKIE, 2 EA</p>
<p><b>NOVEMBER 24</b>                      SLOPPY JOE ON ROLL, 1/2 C                      ON A ROLL, 1 EA                      SWEET YELLOW                      CORN, 1/2C                      POTATO CHIPS, 1/2C                      CHILLED DICED PEARS, 3/8 C                      TOSSED SALAD, 1/2 C                      FRESH APPLE, 1 EA</p>	<p><b>NOVEMBER 25</b>                      ENRICHED SHORT SPAGHETTI                      W/ MARINARA MEAT SAUCE, 3/4 C                      TOSSED SALAD W/ RANCH, 1/2 C                      FRESH BANANA, 1 EA                      GREEN BEANS, 1/2C                      FRESH ORANGE WEDGES, 2 PCS</p>	<p><b>NOVEMBER 26</b>                       NOON                       DISMISSAL</p>	<p><b>NOVEMBER 27</b>                       THANKGIVING                       HOLIDAY !!</p>	<p><b>NOVEMBER 28</b>                       THANKGIVING                       HOLIDAY !!</p>

Portions meet CACFP requirements for 6 to 12 year olds. All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal

