

ST. THOMAS AQUINAS		NOVEMBER 2015			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
NOVEMBER 2 GENERAL TSO CHICKEN, 4EA BASMATI RICE, 1/2 C EGG ROLL W/ DUCK SAUCE, 1EA BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD ORANGE WEDGES, 2EA	NOVEMBER 3 LEAN BEEF CHEESEBURGER ,1 EA W/ NO HFC KETCHUP PICKLE COINS, 2EA SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD PINEAPPLE TIDBITS IN JUICE, 3/8 C	NOVEMBER 4 CHICKEN FAJITAS ,1/2C SHRED CHEDDAR, 1OZ WM SOFT TORTILLAS, 2EA SALSA/SOUR CREAM/ SHRED LETTUCE, 1/2OZ MEXICAN RICE, 1/2C FRESH FRUIT SALAD, 3/8C TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8C	NOVEMBER 5 TURKEY CORN DOG NUGGETS ,6EA W/ KETCHUP (100%)OVEN ROASTED POTATOES, 1/2C VEGGIE BAKED BEANS, 1/4C FRESH ORANGE WEDGES, 2PCS TOSSED SALAD, 1/2C CHILLED DICED PEARS, 3/8C	NOVEMBER 6 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED OATMEAL RAISIN COOKIE, 2 EA	
NOVEMBER 9 NOON DISMISSAL	NOVEMBER 10 NO SCHOOL CONFERENCES	NOVEMBER 11 VETERAN'S DAY HOLIDAY !!!	NOVEMBER 12 JENNIO TURKEY BURGER , 1EA WHEAT HAMBURGER ROLL, 1EA NO HFC KETCHUP & PICKLE COINS CAESAR SALAD W/ DRESSING, 1/2 C ORANGE WEDGES, 2EA TOSSED SALAD, 1/2 C MIXED FRUIT, 3/8C	NOVEMBER 13 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
NOVEMBER 16 MINI WG CHEESE RAVIOLI , 3/4C MOZZARELLA CHEESE, 1OZ STEAMED GREEN BEANS, 1/2C CHILLED DICED PEARS IN JUICE, 1/2 C TOSSED SALAD, 1/2 C FRESH ORANGES, 2 EA	NOVEMBER 17 BEEF TACO, 1/2C SOFT WARM TORTILLA, 2EA SHRED CHEDDAR, 1OZ SALSA, SOUR CREAM SHRED LETTUCE, 1/2C BABY CARROTS, 1/2C RANCH DIP FRESH APPLE, 1EA TOSSED SALAD, 1/2C CHILLED APPLESAUCE, 3/8	NOVEMBER 18 COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	NOVEMBER 19 **THANKSGIVING** SLICED TURKEY BREAST IN GRAVY, 1SL MASHED POTATOES, 1/2C TOSSED SALAD W/ RANCH DRESSING, 1/2C CRANBERRY SAUCE, 1OZ DINNER ROLL & BUTTER, 1EA FR: BAKED CHOC CHIP COOKIE, 1EA	NOVEMBER 20 PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA	
NOVEMBER 23 OVEN BAKED CHICKEN BREAST PATTY SANDWICH , 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/2 C CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA	NOVEMBER 24 CREAMY MACARONI & CHEESE , 1/2C BONELESS CHICKEN BREAST WING DINGS , 3EA KETCHUP MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C	NOVEMBER 25 ENJOY YOUR HOLIDAY !!!!	NOVEMBER 26 **HAPPY THANKSGIVING**	NOVEMBER 27 **THANKSGIVING HOLIDAY**	
NOVEMBER 30 ROASTED TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C EGG ROLLS W/ DUCK SAUCE, 1EA BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS IN JUICE, 3/8 C TOSSED SALAD ORANGE WEDGES, 2EA					

All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal
