

**ST. THOMAS AQUINAS** **NOVEMBER 2020** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NOVEMBER 2</b> <b>BEEF MEATBALLS &amp; GRAVY, 5EA</b> WHOLE GRAIN BROWN RICE, 1/2C FRESH BABY CARROTS, 1/2C RANCH DRESSING PACKET (SMALL) PINEAPPLE TIDBITS, 1/2C	<b>NOVEMBER 3</b> <b>PIZZA PASTA BAKE, 3/4C</b> WG PASTA, MARINARA, BEEF CRUMBLES, CHICKEN & BEEF PEPPERONI SHRED MOZZARELLA, 1/2OZ STEAMED GREEN BEANS, 1/2C FRESH BANANA, 1EA	<b>NOVEMBER 4</b>  <p style="text-align: center;"><b><u>EARLY</u></b> <b><u>DISMISSAL</u></b></p>	<b>NOVEMBER 5</b> <b>CHEESEBURGER MEATLOAF, 1/2 C</b> WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/2 C FRESH GOLDEN DELICIOUS APPLE, 1EA	<b>NOVEMBER 6</b> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA
<b>NOVEMBER 9</b> <b>CHICKEN SLIDERS ON ROLLS , 2EA</b> SLIDER ROLL, 2EA FANCY SHREDDED CHEDDAR CHEESE, 1OZ KETCHUP PKT, 2EA STEAMED GREEN BEANS, 1/2 C MIXED PEACHES & PEARS IN JUICE, 1/2C	<b>NOVEMBER 10</b> <b>CHICKEN TENDERS, GLUTEN FREE ,</b> 4EA KETCHUP PKT, 4EA WHOLE GRAIN RICE, 1/2C FRESH BABY CARROTS, 1/2C RANCH DRESSINGPACKET (SMALL) FRESH APPLE, 1EA RED DELICIOUS APPLE, 1EA	<b>NOVEMBER 11</b>  <p style="text-align: center;"><b><u>VETERAN'S DAY</u></b> <b><u>PARENT/TEACHER CONFERENCES</u></b> <b><u>NO SCHOOL</u></b></p>	<b>NOVEMBER 12</b>  <p style="text-align: center;"><b><u>NOON DISMISSAL</u></b> <b><u>PARENT/TEACHER CONFERENCES</u></b></p>	<b>NOVEMBER 13</b> <b>PIZZA DAY</b> TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA
<b>NOVEMBER 16</b> <b>OVEN BAKED CHICKEN BREAST</b> <b>PATTY SANDWICH , 1 EA</b> WHEAT HAMBURGER ROLL KETCHUP PKT, 2EA SWEET TENDER PEAS, 1/2 C ALL NATURAL APPLESAUCE, 1/2C	<b>NOVEMBER 17</b> <b>CREAMY MACARONI &amp; CHEESE W/</b> <b>WHOLE GRAINS, 3/4 C</b> WHOLE GRAIN BREAD, 1 EA BABY CARROTS, BROCCOLI, 1/2C RANCH DRESSING PKT, (SMALL) FRESH BANANA, 1 EA	<b>NOVEMBER 18</b>  <p style="text-align: center;"><b><u>EARLY</u></b> <b><u>DISMISSAL</u></b></p>	<b>NOVEMBER 19</b> <b>**THANKSGIVING**</b> SLICED TURKEY BREAST IN GRAVY, 1SL MASHED POTATOES, 1/2C TOSSED SALAD W/ RANCH DRESSING, 1/2C DINNER ROLL & BUTTER, 1EA GOLDEN DELICIOUS APPLE, 1EA FR: BAKED CHOC CHIP COOKIE, 1EA	<b>NOVEMBER 20</b>  <p style="text-align: center;"><b><u>PIZZA DAY</u></b>                      TOSSED SALAD, 1/2 C                      HOME BAKED CHOCOLATE CHIP                      COOKIE, 2 EA</p>
<b>NOVEMBER 23</b> <b>ROASTED TERIYAKI CHICKEN STRIPS</b> , 5 EA WHOLE GRAIN BROWN RICE, 1/2 C BABY CARROTS, 1/2 C RANCH DRESSING PKT (SMALL) MIXED PEACHES & PEARS IN JUICE, 3/8 C	<b>NOVEMBER 24</b> <b>LEAN BEEF CHEESEBURGER , 1 EA</b> W/ NO HFC KETCHUP PKT, 2EA CHEDDAR CHEESE SLICE, 1EA SWEET YELLOW CORN, 1/2 C RED DELICIOUS APPLE, 1EA	<b>NOVEMBER 25</b>  <p style="text-align: center;"><b><u>THANKSGIVING</u></b> <b><u>BREAK!!</u></b></p>	<b>NOVEMBER 26</b>  <p style="text-align: center;"><b><u>HAPPY</u></b> <b><u>THANKSGIVING!!</u></b></p>	<b>NOVEMBER 27</b>  <p style="text-align: center;"><b><u>THANKSGIVING</u></b> <b><u>BREAK!!</u></b></p>
<b>NOVEMBER 30</b>  <p style="text-align: center;"><b>JUST NOTIFIED SCHOOL CLOSED</b>   <b>ALL ORDERS IN PLACE WILL BE</b>  <b>REFUNDED BY OUR IT COMPANY</b></p>				

All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 8 oz milk required with each meal