

**ST. THOMAS AQUINAS** **SEPTEMBER 2007** **BK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>SEPTEMBER 3</u>	<u>SEPTEMBER 4</u>	<u>SEPTEMBER 5</u>	<u>SEPTEMBER 6</u>	<u>SEPTEMBER 7</u>
<p><b>LABOR DAY HOLIDAY !!!</b></p>		<p><b>WELCOME</b></p>	<p><b>BACK</b></p>	<p><b>STUDENTS !!!</b></p>
<p><b>SEPTEMBER 10</b> CN-SNACK-ATIZERS POPCORN CHICKEN, 10 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C BREAD STICKS, 1 PKTS CHILLED APPLESAUCE, 3/8 C TOSSED SALAD, 1/2 C FRESH APPLE, 1 EA</p>	<p><b>SEPTEMBER 11</b> MACARONI &amp; CHEESE, 3/4 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED MIXED FRUIT, 3/8 C</p>	<p><b>SEPTEMBER 12</b> BEEF CHEESEBURGER , 1 EA CATSUP &amp; PICKLE COINS SWEET YELLOW CORN, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C PINEAPPLE TIDBITS, 3/8 C</p>	<p><b>SEPTEMBER 13</b> NACHO MEAT, 2 OZ (GRD BEEF &amp; TURKEY) SHREDDED CHEDDAR , 1 OZ TORTILLA CHIPS, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p><b>SEPTEMBER 14</b> TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA</p>
<p><b>SEPTEMBER 17</b> TERIYAKI CHICKEN STRIPS, 5 EA MULTI GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C FORTUNE COOKIE, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEACHES, 3/8 C</p>	<p><b>SEPTEMBER 18</b> ITALIAN MEATBALL SUB, 5 EA SUB ROLL, 1 EA SHREDDED MOZZARELLA CHEESE, 1 OZ GREEN BEANS, 1/2 C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 EA CHILLED APPLESAUCE, 1/4 C</p>	<p><b>SEPTEMBER 19</b> CHICKEN BREAST SANDWICH, 1 EA SLICE CHEESE &amp; CATSUP HAMBURGER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CANTALOUPE, 1 SL TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA</p>	<p><b>SEPTEMBER 20</b> TURKEY CORN DOG NUGGETS, 6 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 EA TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA</p>	<p><b>SEPTEMBER 21</b> TOSSED SALAD, 1/2 C HOME BAKED SUGAR COOKIE, 2 EA</p>
<p><b>SEPTEMBER 24</b> CHICKEN PATTY SANDWICH, 1 EA ON A ROLL, 1 EA W/ AMR0 CHEESE &amp; HONEY MUSTARD GREEN BEANS, 1/2 C CHILLED DICED PEACHES, 3/8 C TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA</p>	<p><b>SEPTEMBER 25</b> HAWAIIAN MEATBALLS, 5 EA MULTI GRAIN RICE, 1/2 C FRESH BABY CARROTS W/RANCH DIP, 1/2 C PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C</p>	<p><b>SEPTEMBER 26</b> SALSBURY STEAK W/ GRAVY, 1EA SAVORY MASHED POTATOES, 1/2 C WHOLE WHEAT BREAD, 1 SL FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C</p>	<p><b>SEPTEMBER 27</b> ENRICHED SPAGHETTI, 3/4C W/PARM CHEESE, 1OZ DINNER ROLL, 1 EA HOT MIXED VEGETABLE, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C FRESH ORANGE WEDGES, 2 EA</p>	<p><b>SEPTEMBER 28</b> TOSSED SALAD, 1 EA HOME BAKED CHOCOLATE CHIP COOKIE, 1 EA</p>

Portions meet CACFP requirements for 6 to 12 year olds. All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
8 oz milk required with each meal