

ST. THOMAS AQUINAS		SEPTEMBER 2011			BK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			<u>SEPTEMBER 1</u>	<u>SEPTEMBER 2</u>	
			NO FOOD SERVICE TODAY	WELCOME BACK!	
<u>SEPTEMBER 5</u>	<u>SEPTEMBER 6</u>	<u>SEPTEMBER 7</u>	<u>SEPTEMBER 8</u>	<u>SEPTEMBER 9</u>	
LABOR DAY	CHICKEN PATTY SANDWICH, 1EA ON A ROLL W/ KETCHUP, 1EA SWEET TENDER PEAS, 1/2C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8C	CREAMY MACARONI & CHEESE, 3/4C WHEAT DINNER ROLL, 1EA STEAMED GREEN BEANS, 1/2C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD CHILLED DICED PEACHES, 3/8C	NACHO MEAT, 2 OZ (BEEF CRUMBLES) LO-FAT SHREDDED CHEDDAR , 1 OZ CORN TORTILLA CHIPS, 1/2 C BABY CARROTS W/DIP, 1/2 C FRESH BANANA, 1 EA TOSSED SALAD, 1/2 C CHILLED DICED PEARS, 3/8 C	PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
<u>SEPTEMBER 12</u>	<u>SEPTEMBER 13</u>	<u>SEPTEMBER 14</u>	<u>SEPTEMBER 15</u>	<u>SEPTEMBER 16</u>	
TERIYAKI CHICKEN STRIPS, 5 EA BRN WHL GRAIN RICE, 1/2 C BABY CARROTS W/DIP, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD CHILLED DICED PEACHES, 3/8 C	ALL BEEF CHEESEBURGER ON ROLL W/ KETCHUP, 1EA SWEET YELLOW CORN, 1/2C PICKLE SLICES FRESH CANTALOUPE, 1SL TOSSED SALAD, 1/2 EA MIXED FRUIT, 3/8C	**CHICKEN FAJITAS** , 2OZ WARM SOFT TORTILLAS, 2EA SHRED CHEDDAR, 1OZ SOUR CREAM, SALSA, SHRED LETTUCE GREEN BEANS, 1/2 C FRESH APPLE, 1EA TOSSED SALAD CHILLED APPLESAUCE, 3/8C	TURKEY CORN DOG NUGGETS, 6 EA W/ CATSUP SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 PCS TOSSED SALAD, 1/2 C FRESH BANANA, 1 EA	PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA	
<u>SEPTEMBER 19</u>	<u>SEPTEMBER 20</u>	<u>SEPTEMBER 21</u>	<u>SEPTEMBER 22</u>	<u>SEPTEMBER 23</u>	
CHICKEN BREAST CHUNK BONELESS WING DING, 4EA KETCHUP WHEAT DINNER ROLL, 1EA SWEET YELLOW CORN, 1/2 C CHILLED DICED PEARS, 3/8 C TOSSED SALAD, 1/2 C MIXED FRUIT, 3/8C	**NITRITE FREE** ALL BEEF HOT DOG ON ROLL, 1 1/2 EA CHILI & CHEESE & CATSUP CHIPS, 1/2 C GREEN BEANS, 1/2C FRESH BANANA, 1EA TOSSED SALAD PINEAPPLE TIDBITS, 3/8C	WHL WHT PENNE PASTA W/ BOLOGNESE SAUCE W/ BEEF CRUMBLES & STEWED TOMATOES, 3/4C GRATED PARMESAN, 1/2OZ STEAMED GREEN BEANS, 1/2C CHILLED APPLESAUCE, 1/2 C TOSSED SALAD W/ RANCH, 1/2 C APPLE, 1 EA	NOON DISMISSAL!!!	PIZZA DAY TOSSED SALAD, 1/2 C HOME BAKED CHOCOLATE CHIP COOKIE, 2 EA	
<u>SEPTEMBER 26</u>	<u>SEPTEMBER 27</u>	<u>SEPTEMBER 28</u>	<u>SEPTEMBER 29</u>	<u>SEPTEMBER 30</u>	
CHICKEN ALFREDO PENNE PASTA W/ CREAMY ALFREDO SAUCE & DICED BREAD OF CHICKEN GARLIC BREAD, 1EA CARROT COINS, 1/2C CHILLED DICE PEARS, 3/8C TOSSED SALAD, 1/2C DICED PEACHES, 3/8C	CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 5 EA WHOLE WHEAT BREAD, 1 SL STEAMED GREEN BEANS, 1/2C FRESH APPLE, 1 EA TOSSED SALAD, 1/2 C CHILLED APPLESAUCE, 3/8 C	SALISBURY STEAK W/LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/2 C DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TOSSED SALAD, 1/2 C FRESH CANTALOUPE, 1SL	WHL GRAIN SPAGHETTI PASTA W/MEAT MARINARA W/ MARINARA MEAT SAUCE, 3/4 C TOSSED SALAD W/ RANCH, 1/2 C FRESH BANANA, 1 EA SWEET TENDER PEAS, 1/2 C FRESH ORANGE WEDGES, 2 PCS	PIZZA DAY TOSSED SALAD HOME BAKED SUGAR COOKIE, 2 EA 8A/B FIELD TRIP	

All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
8 oz milk required with each meal